

IGNITED IN CHRIST - HEALING MINISTRY

"Setting the captives free"



INNER HEALING UNDER THE GUIDANCE OF THE HOLY SPIRIT: A PRACTICAL GUIDE FOR BELIEVERS IN JESUS CHRIST – LEVEL 1

1. INTRODUCTION

This teaching has a different angle than our other teachings in that it is aimed at equipping believers in Jesus Christ to pray, under the guidance of the Holy Spirit, for inner healing in their souls and bodies. The Holy Spirit is our Counsellor and Jesus stands waiting, willing to heal with His Blood upon our request.

Isaiah 9:6: *"For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder: and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace."*

The Holy Spirit guided us to take this particular angle since the Lord says in His Word that we should *"work out our own salvation with fear and trembling"* (Phil. 2:12). We all therefore have a responsibility in this process namely to allow the Holy Spirit to be our Counsellor (and to start praying into our own hurt and trauma).

We are convinced that many believers are still broken and hurt in soul and body since they simply do not know how to pray effectively.

Whilst saying the above, we are also well aware of the fact that there are certain aspects of inner healing (and deliverance) that definitely require the assistance of fellow believers (disciples of Jesus) to pray with us and to help us to complete freedom in Christ (James 5:16). Believers in Jesus Christ who would like to be raised up to minister to their fellow believers, as James mentioned, should consider enrolling for our Warrior School wherein we strive to equip believers in Jesus to become active disciples for Him.

The purpose of this teaching is however to provide a practical guideline for children of God whereby they may initiate and start their own inner healing process under the guidance and counselling of the Holy Spirit. It therefore consists of teaching but also of practical parts, including renunciation and other prayers for you to use as a guideline. However always follow the guidance of the Holy Spirit when you pray.

In this way, we trust that the ground will be well prepared for when the particular child of God gets the opportunity to be ministered to by fellow believers and that it will greatly speed up their inner healing and deliverance process.

2. WHY INNER HEALING – IS IT NOT ENOUGH TO BE SAVED?

As reborn children of God and believers in Jesus Christ, you may very well ask the question why it is necessary for us to speak about inner healing and sanctification. Is our salvation not the most important thing in that our spirits will go to Heaven and that we will inherit eternal life?

In 1 Corinthians 1:30 Paul says: *“But of Him you are in Christ Jesus, who became for us wisdom from God – and righteousness and sanctification and redemption.”* Jesus has therefore come and was crucified and raised from the dead to purchase for us our salvation (redemption) but also our righteousness before God and our sanctification. Many believers in Jesus Christ stop at their salvation and do not follow Jesus all the way through also to the sanctification of their souls and bodies.

Our salvation in our spirits by way of our rebirth in Christ is indeed the most important and significant thing that we can receive from God whilst we are on earth but He also calls us up in His Word to sanctification of the soul and body (Ef. 1:4, Heb. 12:14, 1 Pet. 1:15-16, Lev. 11: 44-45, Col. 1:22, 1 Tes. 3:13, 1 Tes. 4:7, 1 Tes. 5:23, Ef. 4: 23 & 24, Tit. 2:14, 2 Cor. 7:1). Inner healing as well as deliverance, under the guidance of the Holy Spirit, is therefore nothing other than a process of sanctification in soul and body.

Please note: We do not say that sanctification in soul and body is necessary for someone to be saved (salvation of his/her spirit). We are being saved based upon our belief in Jesus Christ alone and as a result of His Blood that paid for all our sins (1 Pet. 1: 5 & 9, Ef. 2: 5 & 8, Rom. 5: 8 & 9 etc.). We, as reborn children of God, are therefore immediately justified before God’s throne based on our faith in Jesus Christ and herefore we can approach His throne with boldness. It is therefore only based upon our faith in Jesus Christ and the atoning power of His Blood (that paid for our sins on the cross) that we may be saved (in our spirits) and that we can inherit eternal life.

How should we then understand 2 Corinthians 5:17: *“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.”*? The correct interpretation of this verse is that when I get reborn in Jesus Christ, my spirit gets reborn and therefore becomes new instantly. Jesus, through His Holy Spirit, also wants to make us new in soul and body but in this case the newness will come gradually as we submit ourselves under Him and allow Him to also sanctify us in soul and body. This is a process that is dependent on our level of obedience to the Holy Spirit. But Jesus promises in His Word that He is faithful and will complete His work in us: *“being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ.”*

Sanctification in soul and body becomes relevant after we have already been saved in Jesus Christ and have already inherited eternal life. Sanctification in our souls and bodies is important in respect of our remaining time on earth. Sanctification enables us to live in victory here on earth since Jesus has died to give us life and that in abundance! (Joh. 10:10). To live in victory on earth and to have life in abundance as God wants us to, we have to obtain inner healing and deliverance (in soul and body).

This is what Jesus referred to when He told the parable of the five (5) wise and the five (5) foolish virgins (Matthew 25: 1-13). He spoke about the ten virgins who waited upon the Bridegroom to come. Five (5) of these virgins were wise and ensured that their lamps were full of oil and that they had extra oil with them so that they would not be caught unprepared when the Bridegroom comes. The other five (5) virgins did not bother to obtain extra oil for their lamps and when the Bridegroom came, they did not have enough oil in their lamps, were therefore not ready, and could not enter the marriage feast of the Bridegroom. This is a parable with huge revelation in it for the Bride of Christ who is waiting upon His return in these end times that we are living in. It is clear from this parable that some will be ready to enter the marriage feast of the Lamb and some will not be ready and will be left outside.... Take note: They were all virgins waiting for the Bridegroom What does that perhaps tell us about sanctification in soul and body? All reborn Christians are virgins in their spirits due to the fact that Jesus already lives there but what about our souls and bodies Will we also be ready in our souls to meet Him when He returns? What will it be like to be left outside at the wedding feast of the Lamb due to the fact that we were not prepared?

Do you have sufficient oil in your lamp for when Jesus comes? Are you prepared? Let us wash our clothes in the Blood of the Lamb so that we will be ready to enter His marriage feast when He comes (Rev. 7: 14 & 15).

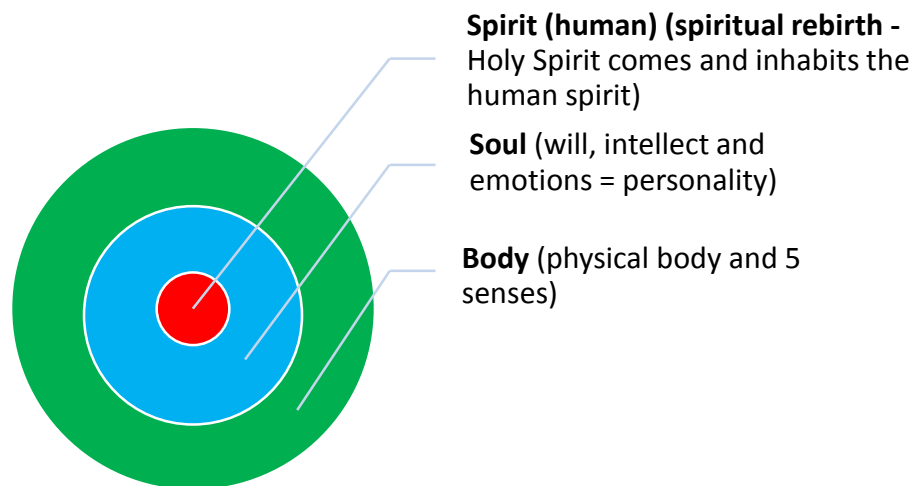
We need to be holy and sanctified in order for us to be ready for Jesus, as His Bride when he comes again (2 Pet. 3:14, 1 John 3:3, etc.)

Lastly, we need to be sanctified in soul and body since it enables us to become active and effective disciples for our Lord Jesus Christ on earth. 2 Timothy 2:21: *“Therefore, if anyone cleanses himself from the latter he will be a vessel for honour, sanctified and useful for the Master, prepared for every good work.”*

3. **HUMAN BEINGS = SPIRIT, SOUL AND BODY**

Every human being consists of a spirit, a soul and a body (1 Tes. 5: 23, Heb. 4: 12, Deut. 6: 4). A human being is however primarily a spiritual being that also has a soul and that lives in a body (Watchmen Nee: “The Spiritual Man”, 1977 p.21).

This may be illustrated as follows:



It is important to understand that at spiritual rebirth (when we give our heart (spirit) to Jesus and invites Him to come and live in us) our spirit is reborn and becomes holy ground (God can only live where it is holy) (Col. 2: 11 – 13; John. 3:3 & 5-6, Tit. 3: 5-7, 1 Peter 1: 23). As a general rule we are then unable to sin in our spirits (1 Joh. 3:9). The exception to this rule would be if we should wilfully open up our spirits to Satan and his demons (e.g. to enter into covenants with Satan and to invite him into our spirits). Our soul and body are however still subject to the fall and should now be taken through a process of sanctification to take back ground that has been stolen by the enemy from us and the generations before us and to place it under God's rule (Romans 7: 13 – 25).

If it was so that our souls and bodies also become new and free at spiritual rebirth, why does Paul then say to the Christians of his time that they should take captive every thought and bring it to obedience in Christ and that they should allow God to change them by renewing their thoughts? (2 Cor. 10:5, Rom.12:2).

God the Father wants every one of us to have complete victory in Jesus Christ His Son whilst we are living on earth so that we may be active and powerful witnesses and disciples for Him. It is possible to live in complete victory but it comes as a result of continued obedience and faith in Jesus Christ thereby allowing His Holy Spirit to heal us and to deliver us completely in soul and body.

4. WHAT IS INNER HEALING UNDER THE GUIDANCE OF THE HOLY SPIRIT?

Inner healing under the guidance of the Holy Spirit may be described as a process of sanctification where the Holy Spirit guides the believer into healing and complete freedom and deliverance in both soul dimension and body.

5. HOW DOES THE HOLY SPIRIT LEAD US IN THIS PROCESS?

We trust the Holy Spirit of Jesus Christ completely to lead us in the inner healing process. We do not believe in a prescribed format or any fixed process or in any

human wisdom or psychology. We simply ask the Holy Spirit for wisdom and guidance and follow His leading.

It does not please God if we put anything above Him. That includes human knowledge and human wisdom, psychology or anything else. It is only when we become like children and ask Him in childlike dependence to teach us and to lead us, that we will experience wonderful guidance and leading from the Holy Spirit.

1 Corinthians 2: 4 to 5: *“And my speech and my preaching were not with persuasive words of human wisdom, but in demonstration of the Spirit and of power, that your faith should not be in the wisdom of men but in the power of God.”*

We have to humble ourselves under the mighty hand of God and then He will exalt us (1 Pet. 5:6). This is exactly what happens in the inner healing sessions at Ignited in Christ.

The guidance of the Holy Spirit in sessions usually comes through visions (Acts 2:17), word of knowledge (1 Cor. 12: 8), Godly wisdom (1 Cor. 12: 8), supernatural faith (1 Cor. 12: 9), prophecy (1 Cor. 12: 10), gift of discernment (1 Cor. 12: 10) as well as each of the other gifts of the Spirit that are mentioned in 1 Cor. 12 (e.g. speaking in tongues as well as the interpretation of tongues, also the gifts of healing and of miracles).

The Holy Spirit of God is the one that ultimately leads and teaches us and with great fruit! The test of anything is always in the fruit (Matthew 7:16 – 19, Luke. 6: 44). We invite any person to look at the fruit of this ministry and to see and acknowledge the wonders that God is doing in the lives of His people that seek and obey Him!

6. THE PATH TO COMPLETE HEALING (SPIRIT, BODY AND SOUL)

It starts with our spirits at spiritual rebirth in Jesus Christ. Our spirits become new and receive new life. The Holy Spirit comes to live in us.

The next dimension that should receive healing is our souls. This happens through sanctification in the soul dimension under the guidance of and in the power of the Holy Spirit (e.g. repentance, forgiveness, inner healing, renewing of the mind, breaking of generational or blood line curses, deliverance from demons and demonic soul copies¹ (“DSC’s”) etc.).

The outer manifestation of this sanctification process in the soul dimension is eventually physical healing in the body.

It is a path of the utmost obedience and 100% submission to Jesus and His will and it happens by the power of the Holy Spirit in us. This is a race that we have to run with endurance and as people who want to complete the race and obtain the prize – 1 Cor. 9:24 & Heb. 12:1.

¹ See our teachings on demonic soul copies on our webpage www.ignitedinchrist.org.

7. THE POWER OF THE BLOOD

People often ask us: *But how do these things (inner healing, forgiveness of sin and cleansing from unrighteousness) happen in the spirit?* The answer is: *By the supernatural power of the Blood of Jesus (1 John 1:7; Revelation 1:5; Ephesians 2:13; etc.).*

8. CONFESSION AND REPENTANCE OF SIN

8.1 NB: The back-bone of inner healing in soul and body

Inner healing starts (first and foremost) with confession of all known sin and sincere repentance thereof. We may state unequivocally that a believer who does not want to admit his/her own sin in order for him/her to repent thereof, will not receive complete inner healing and deliverance. Refusal to admit sin as “sin” is an extremely serious block to inner healing and deliverance. We once had a man who wanted us to minister inner healing and deliverance to him but who was not prepared to admit that his involvement in martial arts for over 40 years of his life (up to becoming an eighth “Dan” and an instructor to young children) was sin. He therefore saw no need for confession and repentance. Sadly, although the Lord Jesus showed us that there are various demons and DSC’s (associated with martial arts) in him, we had to tell him that there is nothing we can do for him and, to our knowledge, he is still in serious bondage to Satan in his soul and body.

Only sin, that has been sincerely confessed and repented for, is forgiven by God (1 John 1: 9) and may be washed clean by the Blood of Jesus (1 John 1:7 to 10). We may never compromise with the world about sin. Complete freedom and healing in Jesus Christ will only follow if everything that does not honour God is confessed as sin with a sincere repenting heart (e.g. stubbornness, pride, involvement in New Age, the occult, martial arts, participation in secret organisations such as Freemasonry and the Broederbond, homo-sexuality, sexual immorality such as pre-marital sex, extra-marital affairs, pornography etc.). This confession and repentance of sin and the receiving of forgiveness through the atoning blood of Jesus should be done with specific reference to every known sin of yourself and your ancestors (generational lines²).

Unrepented sin provides a right (foothold) to the enemy in our souls and bodies (Ephesians 4:27).

8.2 The enemy’s strategy with sin in our modern society

The enemy’s strategy in our modern society (as an integral part of the New Age movement) is to make us believe that sin is no longer serious and does not have to be repented for. The enemy tries to convince people that sin is merely making a “mistake” and that the word “sin” is therefore too condemning. This false theology

² See our teaching about blood line curses and how to break them titled “The Enemy Within” on our web page www.ignitedinchrist.org.

also comes into our churches by putting too much emphasis on the grace of God and proclaiming that since Jesus died for our sins on the cross, it is no longer necessary to deal with it. This is a highly dangerous false theology. God does not want us to treat sin as mere mistakes. Sin in any form (e.g. pride, unteachableness, hatred, unforgiveness, adultery, idolatry, addictions, pornography etc.) should be confessed as sin before God's throne with sincere repentance. We can only expect God to forgive us and to wash us clean with His Blood if we sincerely confess of and repent of those sins whilst acknowledging that we have sinned against God and other people.

Jesus Himself said to His disciples just before he ascended to heaven: *"and that repentance and remission of sins should be preached in His name to all nations..."* (Luke 24:47)

Confession of and repentance for our sins should however be an ongoing process for a believer and we should NEVER get to a place in our spiritual growth where we no longer ask God to show us our sins and to forgive us and wash us clean with His Blood.

The promise in the Word of God is that, if we should confess and repent for our sins, Jesus is faithful and just and will cleanse us from all unrighteousness (1 John 1:9). It says further in verse 10 that *"If we say that we have not sinned, we make Him a liar, and His word is not in us."*

Prayer to confess of and repent for sin -

Lord Jesus, through the power of Your Holy Spirit, please show me all the unconfessed and unrepented sin in my life. I declare that I do not want to be deceived about myself and my life. Please show me all of the areas in my life that do not please You -

.....
.....

Lord, I confess of all these things as sin. I repent for it and ask you to forgive me. Please wash me clean of all these sins and the iniquity that they have brought with Your Blood.

Thank you for your forgiveness Lord Jesus and the atonement of your Blood.

I receive Your forgiveness Lord and reject any guilt and/or condemnation since I know that you have washed me as white as snow with your Blood.

(To deal with all generational sin that may have been in the lives of your ancestors and to break all curses related to it, please refer to our complete teaching on *"The Enemy Within – Blood line curses"* that is on our web site www.ignitedinchrist.org under "publications" and then "free publications".)

9. FORGIVENESS: SELF, GOD AND OTHERS

9.1 Forgiveness of others

Forgiveness is a very important part of inner healing and deliverance as a person will not receive complete freedom in Christ if he/she is not prepared to forgive and set

free the people who have hurt and trespassed against them. (Refer to Joyce Meyer's book, "*Do yourself a favour and forgive*".)

Sometimes it is very difficult to forgive the people who have trespassed against us (some examples of situations like those are incest, rape and continuous abuse). It is in situations such as these that the assistance of the Holy Spirit is vital since true forgiveness are often humanly impossible. Forgiveness is a supernatural process and can only take place in and by the power of the Holy Spirit.

Some demons such as the spirits of Bitterness, Hatred, Agression and Unforgiveness will only leave a person's soul and body after that person has honestly and sincerely forgiven the relevant people who have transgressed against them.

(Sometimes Demonic Soul Copies (DSC's)³ also enforce emotions such as unforgiveness, bitterness, rage and hatred. We have often found that DSC's manifest but then refuse to be taken out by Jesus since the person whom we are ministering to has not yet forgiven certain people who has hurt them in the past.)

Unforgiveness keeps the person who does not want to forgive in bondage, whilst the perpetrator, if he/she is still alive, carries on with life without blinking an eye.

One should also forgive a person, although he/she may already be deceased. The reason is that it is the person who is still alive that is being set free.

Indicators that I still need to forgive:

Sometimes we convince ourselves that we have forgiven others but then the unforgiveness still lies hidden in our souls. How will I know if unforgiveness still lies hidden in me? Joyce Meyer lists 6 attitudes of the soul that reveal unforgiveness⁴:

- *Unforgiveness always keep score* – Joyce Meyer says that when we forgive we must forgive completely and that means that we should let it go and remember it no more. We could remember if we tried to, but we don't have to. We can forgive, walk away from it, and not think or talk about it any longer.
- *Unforgiveness boasts of its own good behaviour* – We should be careful of a critical and self-righteous attitude towards others. In Matthew 5:7 and 7:1-2 Jesus says that if we sow mercy, we will reap mercy but if we sow judgment, we will reap judgment.

³ Refer to our complete teachings about Demonic Soul Copies ("DSC's") – Levels 1 and 2 on our website www.ignitedinchrist.org under "publications"

⁴ *Do yourself a favour.... Forgive!* P. 133

- *Unforgiveness complains* – Joyce Meyer says that if you find yourself complaining frequently about a specific individual, there is a good possibility that you still have some unforgiveness toward him/her in your heart.
- *Unforgiveness alienates, divides and separates* – People who are offended and filled with bitterness in most cases live lonely, separated lives.
- *Unforgiveness continues to bring up the offense* – Joyce Meyer says that when we are unforgiving we keep finding excuses to talk about what people have done to us. We bring it up in conversation as often as we can. She reminds us about the fact that what is in our hearts do come out of the mouth.
- *Unforgiveness resents the blessings enjoyed by the offender* – Unforgiveness makes it difficult for us to rejoice with someone else about the blessings that that person may be enjoying. The unforgiveness in this case often goes over in resentment and jealousy since we may be thinking that that person does not deserve the blessing because of what they have done to us. If we have truly forgiven, we would have no problem to share in the happiness of the person who have previously hurt us.

Prayer to forgive others:

Dear Lord Jesus, I ask that you will show me, through the power of your Holy Spirit, where I still need to forgive someone –

Lord Jesus, please show me the lies of the enemy as well as your truth in the situation (e.g. why the person did what they did)

Jesus I ask you to help me, through the power of your Holy Spirit, to forgive and to set free the people who have trespassed against me and who have hurt me in the past and also those who are daily continuing to hurt me. I declare now (whether I feel like it or not) that I choose with my free will to forgive for and to set them completely free.

I ask you Jesus to cut all unholy soul ties between me and and to plant your cross between me and I declare that the enemy will no longer have the right to attack me through these unholy soul ties that have now been cut.

Lord Jesus I ask you to reveal to me all of the negative emotions that my unforgiveness of these people has caused in me

Lord Jesus, I repent of all these things and now ask you to wash me clean with Your Blood of all unforgiveness, bitterness, hatred, aggression, rage, hurt, rejection, anger etc. (according to what the Holy Spirit has shown you.....)

Lord Jesus, I now choose to love my enemies and I bless those who have hurt me and any curses that I may have spoken against them in the past I now repent of and withdraw them unconditionally.

Lord Jesus, if there are any demons and/or demonic soul copies in me because of my previous unforgiveness, bitterness etc. I now command them in the name of Jesus to leave my soul and body now! Jesus please rip all DSC's out of me and save me from any demonic oppression.

Thank you Lord Jesus that I can be assured that my own sins will also be forgiven by You since I have forgiven those who have trespassed against me.

9.2 Forgiveness of yourself

Many people walk around with massive feelings of guilt and condemnation (that also lead to self-rejection and self-hatred that are made worse by rejection and perfectionism) since they are unable to forgive themselves for something they have either done or have not done in the past.

Examples hereof would be a woman who chose to have an abortion in her youth when she was still unmarried, men who went to the army and had to kill or injure people in the course of war or combat, men or woman who feel that they could have prevented a divorce or feel that they have failed their children in any way and were not good parents to them, someone who feels that they could have done more to save someone's life or to protect their loved ones in a traumatic situation, someone who perhaps caused a motor vehicle accident due to their own negligence where people got seriously hurt and even killed etc.

People who are unable to forgive themselves, suffer from feelings of guilt, condemnation, sadness, sorrow, regret, unworthiness, self-rejection and self-hatred (to name but a few). Demons and DSC's may cling to and draw power from these emotions. The solution lies in the sincere forgiveness of yourself.

Prayer to forgive yourself -

Dear Lord Jesus, I ask that you will show me, through the power of your Holy Spirit, the things that happened in my life and for which I still need to forgive myself –
.....

Lord, I ask you to show me the lies of the enemy in this situation and also Your truth.....

Jesus, I ask you to help me, through the power of your Holy Spirit, to forgive myself and to set myself free. I declare now (whether I feel like it or not) that I choose with my free will to forgive myself for and to set myself completely free.

I ask you Jesus to cut all unholy soul ties between me and any other people that were involved in the particular incidents and that you will plant your cross between me and

them. The enemy will no longer have the right to attack me through these unholy soul ties that have now been cut.

Lord Jesus I ask you to reveal to me all of the negative emotions that my unforgiveness of myself has caused in me

Lord Jesus, I repent of these negative emotions and now ask you to wash me clean with Your Blood of all unforgiveness, bitterness, condemnation, guilt, sadness and sense of loss etc. (according to what the Holy Spirit has shown you.....)

Lord Jesus, if there are any demons and/or DSC's in me because of my previous inability to forgive myself, I now command them in the name of Jesus to leave my soul and body now! Jesus, please rip all DSC's out of me and save me from any demonic oppression.

Thank you Lord Jesus that I can be assured that you have taken this burden from me and that you have separated it from me as far as the east is from the west. Thank you that I can now receive your peace.

9.3 Forgiving God...?

Some people that we have ministered to is (consciously or sub-consciously) keeping God responsible for a particular bad or traumatic incident that happened in their lives. Let us take for example a burglary where someone dear to them got killed or badly injured. These people sometimes (consciously or sub-consciously) believe the lie from the enemy that God did nothing to protect them and therefore “allowed” the burglary to happen and also “allowed” their loved ones to get killed or injured. This implies that God approved of this killing or injury.... which is a lie but for the person involved it is very real.

Believing that God is responsible for any bad thing that happened in your life is based on a complete lie from the enemy since God is good and merciful and only brings good things to His children. The enemy, on the other hand, came to steal, kill and destroy. Joh 10: 10: *“The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.”*

Although we may not always understand why “bad things happen to good people”, we may never blame God for bad things that happened in our lives. We live in a broken world that is still subject to the Fall (in the garden of Eden). People also have a free will to exercise and some people unfortunately use their free will to make decisions against God and against His will.

The lie that God is responsible for our loss, pain or trauma should be exposed as such and cancelled by the Blood of Jesus. The person should then renew his/her mind with the truth that God never permitted or allowed the tragedy to happen and that He (God) may therefore not be blamed.

The person should then ask for forgiveness and should ask our Lord Jesus to wash him/her clean with His Blood from this lie.

The spirit of the Anti-Christ (together with various other demons and DSC's) may have gained a foothold in such a person due to the bitterness and resentment that the person held against God.

Prayer to cast down the lie that God is responsible for something negative/bad that happened -

Dear Lord Jesus, I ask that you will show me, through the power of your Holy Spirit, why this particular bad thing in my life happened to me and/or my loved ones

Jesus, I also ask that you will show me where you were in the situation

Jesus I ask you to help me, through the power of your Holy Spirit, to see the truth and that is that you did not permit or even allow this bad thing to happen to me or my loved ones. Help me to see Lord that You are not responsible for it and that it was never your will for my life

I declare Lord that I can see now that the enemy brought this thing over my/our lives and that you did not approve of it. It was not within your will for our lives.

Lord, although I will perhaps never fully understand why this happened to me and/or my loved ones, I now choose with my free will to cast down the lie of the enemy that You had anything to do with it and that it was within Your will.

I ask you Jesus to forgive me for believing this lie for so long and to wash me clean with Your Blood.

Jesus, please cut all unholy soul ties between me and any person who trespassed against us (e.g. the rapist or murderer) and plant your cross between me and them. The enemy will no longer have the right to attack me through these unholy soul ties that have now been cut.

Lord Jesus I ask You to reveal to me all of the negative emotions that this lie (that You were responsible for my loss/trauma) brought into me.....

Lord Jesus, I repent for all these negative emotions and I now ask You to wash me clean with Your Blood of all unbelief, distrust, fear, anxiety, rebellion against You, rage, frustrations etc. (according to what the Holy Spirit has shown you.....)

If any demons or demonic soul copies have gained access to my soul or body due to my unforgiveness, anger, bitterness etc. towards you Lord Jesus, I now command them, in the name of Jesus (especially the spirit of the Anti-Christ), to leave me now and Lord Jesus I ask you to rip out of me any demonic soul copies whose rights have now been taken away.

Thank you Lord Jesus that I can be assured that you have taken this burden from me and that you have separated it from me as far as the east is from the west. Thank you that I can receive your peace.

10. UNHEALED TRAUMA

Various forms of trauma may occur in the lives of people. We have already dealt with relatively serious incidents of trauma such as rape, sexual molestation, incest, emotional, verbal and physical abuse, abortions, violence, motor vehicle accidents, armed robberies etc. Trauma is in general an “open door” through which the enemy may obtain rights to people’s lives as a result of the pain, humiliation, shock, sorrow, regret, disappointment etc. that goes together with the trauma.

Unhealed trauma in a believer’s life may cause demons (and demonic soul copies) of Shock, Sorrow, Sadness, Brokenness, Hopelessness, Fear, Anxiety, Paranoia and Trauma to obtain a foothold or a right in someone’s soul and body. This situation will remain until the trauma has been dealt with spiritually under the guidance of the Holy Spirit.

Psychological treatment of trauma is often incomplete and insufficient since the counselling only addressed the hurt and trauma in the soul dimension (emotionally) but not spiritually. We should also remember that only Jesus, through the power of His Holy Spirit and the cleansing power of His Blood shed for us on the cross, can truly heal the tormented and traumatised soul. Any human attempts without the aid and guidance of the Holy Spirit and the Blood of Jesus, will only result in partial healing and the deep inner wounds will still remain together with the demonic bondage.

In this regard, children of God should also be aware of the fact that hypnosis does not honour God since He says in His Word that we are not to give any other person access or control over our thought life. Through hypnosis, the hypnotist is given control over our thought life and that, in itself, opens the door for the enemy to come into someone’s soul and body. We have often found demons of mind-control (and demonic soul copies, often of the hypnotist) in people (who had subjected themselves to hypnosis) who said out of their own that they gained access to the person (whom we ministered to) through the hypnosis. Hypnosis should therefore also be confessed and repented for as sin before deliverance of demons and even DSC’s (that gained access to a believer due to the hypnosis) would be possible.

DSC’s can also obtain access to the soul and body of a child of God through trauma, for example we have found DSC’s in a young girl that we have ministered to that came into her as a result of the shock, fear and anxiety that she experienced during a motor vehicle accident. We have also, more than once, found a DSC of the rapist in a woman that was raped or of the molester in a person who was molested a child. Recently we also found DSC’s of the people who conducted the armed robbery in the lady who was robbed at gun point.

Unhealed trauma in someone’s soul dimension is similar to garbage and the demons and DSC’s may be compared to rats and mice. The obvious solution to the problem of the rats and mice is: *Throw out the garbage!!*

10.1 Lies of the enemy that cause hurt emotions

If, for example, an incident happened in a believer's childhood that has hurt that person tremendously, then it may very well be that the person believes lies of the enemy regarding the incident. Take for example a child that was molested or raped by her father. The child may believe various lies due to the incident e.g. (1) *"My father never loved me but actually hated me."* (2) *"God does not love me since He allowed it to happen."* (3) *"I am a bad person and deserved it."* As a result of the lies in his or her thoughts, the believer will experience various negative emotions. As a result of the lies and negative emotions, demons may have obtained access to the person's soul dimension and body.

Other examples of the lies of the enemy in particular traumatic situations are the following –

A child whose parents got divorced:

- *It was all my fault*
- *My parents did not love me*
- *God does not accept me*

A son that was never accepted and validated as a man by his father:

- *I am not good enough*
- *I have to work hard to deserve respect and love*
- *God the Father does not accept me as His child*

A woman who was rejected by her husband and went through a terrible divorce:

- *I am not worthy of being loved*
- *Men are not to be trusted*
- *Marriage is a place wherein I will get hurt*

A child who was bullied by an older child:

- *I am worthless and a "no good"*
- *I deserve being treated badly by others*
- *I will amount to nothing*
- *God does not care and has forgotten about me*

A child that was verbally and emotionally abused by his/her mother:

- *I am not good enough*
- *I deserve to be treated badly*
- *My mother did not love me*
- *I do not deserve the love and acceptance of God*

10.2 Facing our “giants”

The “giants” in this context is the emotional (and sometimes also physical) trauma that we do not want to face. We often prefer to try and forget about it and to suppress any memories relating to the trauma. This can even go as far as convincing ourselves that the incident(s) never happened (denial). This is a coping mechanism of the soul dimension.

We have to start by asking the Holy Spirit to take the person back (in the spirit) to the time and place of the trauma. We also ask the Holy Spirit to bring back to the person’s memory the details of the trauma since only the truth can set someone free (John. 8: 32). We however usually ask the Holy Spirit to let the person “see” the incident in the third person (i.e. as a spectator) and not to undergo the trauma in the first person once again.

In dealing with the trauma, we then ask the Holy Spirit to bring to the front all the intense emotions that the person experienced as a result of the trauma. Only when all these hidden emotions have surfaced, can we ask our Lord Jesus to come into that situation of trauma by the power of His Holy Spirit and to heal the person.

We should also ask the Holy Spirit in the midst of the intense emotions of the trauma whether the person’s experience of the trauma was based on any lies of the enemy. When those lies are exposed by the Holy Spirit, we should cast them down in the name of Jesus and ask the Holy Spirit to reveal the truth to us about the situation.

10.3 Inner healing of trauma – the process

The process of inner healing of the traumatic event by Jesus (the Holy Spirit) may take place as follows:

- Ask Jesus to take you back (by the power of His Holy Spirit) to the traumatic event. Be very brave and courageous!!!
- Ask Him to show you exactly what happened and whether there were any perpetrators and, if so, who they were.
- If you were a child when it happened and you were very scared, ask Jesus to take your hand and hold you close to Him so that you will not be afraid to look at what happened.
- Ask Jesus to show you all the emotions that you experienced whilst going through the trauma (e.g. hurt, shock, embarrassment, shame, pain, rejection, anger, filthiness etc.).
- If the experience was based on any lies from the enemy such as “*your mother did not love you*” or “*you were a naughty child*” – ask Jesus to show you the truth.
- Cancel any lies of the enemy with the Blood of Jesus and declare the truth that Jesus has shown you over the situation.
- Forgive anybody who trespassed against you and set them completely free. Also forgive yourself, if appropriate.

- Ask Jesus to cut any unholy soul ties between you and the perpetrator(s) and to plant His cross between you and them.
- If you are angry with God because you think that He allowed or permitted the trauma to happen through which you got hurt, ask the Holy Spirit to reveal to you whether this is really the truth. Cast the lie down by the Blood of Jesus and ask the Holy Spirit to show you the truth. Ask for forgiveness that you consciously or subconsciously blamed God for the trauma.
- Ask Jesus to comfort you and to wash you clean with His Blood of all the negative and hurt feelings. Give him the emotions and allow Jesus to nail them to the cross.
- Ask Jesus to heal your memories and to give you peace.
- If the Holy Spirit shows you that there is a hurt inner child, then follow the process concerning the inner healing of the hurt inner child (see below).

10.4 Potential roll of DSC's in unhealed trauma

As mentioned before, trauma is an open door in the spirit and may therefore cause demons and demonic soul copies (DSC's) to gain access to someone's soul and body. Some of the examples that we have so far found are the rapist, the molester, the abuser, the person that was murdered, the armed robber etc.

We have often found that a DSC's function is to block a person's memories about the particular trauma or to "steal" their memories. When this happens, it is usually very difficult for the person to obtain true inner healing of the trauma since he or she cannot remember what happened. In a case such as this, it is very important that the particular DSC's should be addressed first before we ask Jesus by His Holy Spirit to heal the trauma. In cases of sexual molestation, rape, incest and actually any traumatic experience, it is very important to test for DSC's of the person that caused the trauma (e.g. the rapist or the child molester) or of people that underwent similar trauma in their lives.

Prayer to deal with unhealed trauma

Dear Lord Jesus, I now choose to drop all my barriers and allow you to unlock all the rooms of my soul dimension that I have kept locked for a long time.

Lord I ask that you will take me back in the spirit, by the power of Your Holy Spirit, to the specific incident when the trauma happened..... If I was a small child then Lord, I ask that You will take me by the hand and that You will comfort and strengthen me.

Jesus I ask that you will show me exactly what happened and who did it but also that You will protect me by not allowing me to experience the trauma again in the first person... let me rather be a spectator (under your protection).....

Lord, if my memories have been stolen by the enemy, I ask You now to restore my memories and to make me brave enough to face it and to look it in the eye.

Jesus, if the enemy has used this trauma to bring any lies into me that are keeping me captive, please expose those lies to me know....

Lord, now that you have exposed the lies, please show me Your truth in the situation...

Lord I hereby reject the lie (e.g. "my father did not love me" or "I was a naughty child") and choose to accept your truth in the situation (e.g. "my father did love me but was just unable to express and show his love" and "I was a good and very special child, Jesus loved me all the time"). Help me Jesus to renew my mind with your truth.

Lord I now choose to forgive the people who have hurt me and I set them completely free. I declare that you are both my advocate and my judge and that You will judge my perpetrators fairly.

I ask You to cut all unholy soul ties between me and the people who have hurt me and to plant Your cross between me and them.

Jesus, please show me all the emotions that are still held captive in me because of this past trauma..... I give these emotions to you Jesus and ask you to wash me with your Blood of any unforgiveness, bitterness, hatred, shame, unworthiness etc. Take it away from me Jesus and give me Your peace.

11. HURT INNER CHILDREN

If the above prayer was prayed about childhood trauma but it does not seem as if complete inner healing took place since the same old feelings of resentment, unforgiveness, hatred etc. surface again, it may very well be that there is still an inner child who has not yet received healing. In this case, the inner child also needs to be addressed by the power of the Holy Spirit before complete inner healing will come.

11.1 What is a hurt inner child?

A hurt inner child is, in our opinion, nothing other than a DSC of the person him or herself at a certain age. The child's traumatised soul dimension is copied by the demons due to the trauma and then placed back into the person. The result is that the lies of the enemy and the hurt emotions of the child (at a certain age) gets captured in the person whilst growing up. It is seen and understood by people such as Charles Kraft as "encapsulated emotions" of the hurt little child that still exists in the adult person. One may expect to find this spiritual phenomenon in a person who was for example sexually molested, raped, abused or rejected as a child. The hurt inner child's function is usually to maintain and keep the trauma and the accompanying emotions and lies of the enemy captured in the adult person to thereby prevent the adult person from getting complete inner healing of the traumatic events from Jesus.

Basic prayer to address hurt inner children -

Jesus, by the power of your Holy Spirit, I now ask You to show me whether there are any hurt inner children in me.....

In the name of Jesus, I now ask that little inner child (if there are any) to come forward and to trust Jesus to help him/her.....

If you experience that the little child does not trust Jesus, ask the child in Jesus' name why the child does not trust Jesus.

Depending on the answer you got (e.g. "Jesus did not protect me") ask Jesus to show the child the truth (e.g. that He was there, that He cares, that He has always loved the child and that He wants to help him/her now to get healing).

Help the little child to cancel any lies from the enemy and to embrace the truth that Jesus has shown him/her.

Ask the little child if he/she now trusts Jesus. If the answer is "yes" then ask the child why he/she is sad/hurt/rejected or whatever.... Ask them what happened....

Ask the child whether he/she will forgive the perpetrator(s), if yes, then pray with the child to forgive them and set them free

Ask Jesus to come and heal the hurt emotions of the child with His Blood and to cancel any lies of the enemy about the situation and to replace it with His truth.

Ask Jesus to give the inner child peace and to dry away all the tears...

Declare to the child that Jesus says in His Word that the little children should come to Him because the Kingdom of God belongs to them.

Ask the inner child if he/she has peace and wants to go with Jesus. If the answer is "yes", then ask the child to place his/her little hand in Jesus' hand and to allow Him to take him/her and to give him/her everlasting peace. AMEN

12. UNHOLY SOUL TIES

12.1 What is a soul tie?

Soul ties is a very important spiritual concept. Both holy and unholy soul ties have tremendous power in the spiritual realm.

A soul tie is an unseen bond in the spirit between two people or between a person and a group of people or between a person and an institution, place or thing. This unseen bond in the spirit carries energy and that energy may either have a positive or a negative effect on you depending on whether the bond is holy or unholy.

A perfect example of a very strong soul tie is that between a husband and wife. The reason herefore is the covenant that they have entered into before God on their wedding day and the vow that they have made to be together "until death do us part". Unfortunately this very strong soul tie between husband and wife is not always holy.

It can actually be very unholy to the point that you are actually unequally yoked in God's eyes (2 Cor. 6:14). We have often found that the unholy soul tie of a woman with her husband (and her inability to sever the unholiness of that bond) is the very reason why she remains in captivity to Satan and may be unable to take up her full authority in Christ. It can also be the other way around, namely that the man is unequally yoked with his wife... Sad but true..... and we find it often.

12.2 The nature of an unholy soul tie

An unholy soul tie is based upon something that does not honour God and gives the other person, group, place or institution a right to influence you in a negative way that does not please God (e.g. dependence, fear, control etc.). An unholy soul tie provides an open door for the enemy to attack you.

An unholy soul tie can make it difficult (if not impossible) for a person to obtain healing and freedom from a particular traumatic event or incident (e.g. a divorce, abuse etc.).

12.3 Examples of unholy soul ties

A good example of this is when a child's father has a Jezebel-type of personality (a personality that wants to control, dominate, manipulate and intimidate everyone and everything with a view to stealing the child's individuality and his/her true identity). This Jezebel personality also wants to make the children feel worthless⁵. The demons that work with Jezebel (including Control, Manipulation, Intimidation and Domination) then usually obtain access to the life of the child through the unholy soul tie.

There is also an unholy soul tie between two people who are in a sexual relationship outside of marriage. There is an unholy soul tie between them and it gives the enemy and various demons (such as Adultery, Lust, Sexual impurity etc.) direct access to their lives to bring destruction. Refer to what our Lord Jesus says in Gen. 2:24, Mat. 19:5-6, Mark 10:8 and Ephesians 5:31 namely "*the two will become one*".

There can even be an unholy soul tie between friends if, for example, the one person is involved in all kinds of sin (e.g. pornography, sexual perversity, drugs, alcoholism etc.) and want to entice the other person to also get involved in it. There would therefore be unholy soul ties between the prostitutes in the same brothel and also between a particular prostitute and her "pimp" or "handler". Members of the same gang (involved in crime) would also have unholy soul ties between them.

DSC's can also be transferred upon unholy soul ties⁶. We often encounter demonic soul copies in people who say to us that they gained access to the person through the unholy soul tie. The DSC can be of the person with whom the soul tie is or of any other person who still lives or has already died that can strengthen the already unholy bond between the two people.

⁵ See our teaching on our webpage www.ignitedinchrist.org on Jezebel and Ahab

⁶ See our teachings on our webpage on Demonic Soul Copies.

A curse such as Freemasonry can also affect a believer as a result of the unholy soul tie with a person who is a Freemason. A part of the soul tie between a woman and her husband (who is a Freemason or who is/was in the Broederbond or Ossewabrandwag) is unholy as a result of the curses that cleave to these and also other secret organisations. The unholy soul tie between the woman and her husband can therefore result in the curse gaining access to the woman's life in order to create destruction.

One may also still have an unholy soul tie with someone whom you were previously in relationship with (e.g. an ex-husband or friend). If these unholy soul ties are not cut, you may find it difficult to move on in life and may find yourself ever longing back to the unholy relationship and staying emotionally dependant on that person.

Any relationships with people who are in the occult (and who do not have a true desire to break free) should in general be avoided by Christians since your soul tie with that person will be unholy to the extent of the person's involvement in the occult and the enemy may find access to your soul dimension and body through that unholy soul tie.

Sometimes even your soul tie with a brotherhood or association can be unholy if the brotherhood is secret and/or gives anything or anyone priority in your life above God.

THERE CAN ALSO BE UNHOLY SOUL TIES WITH THINGS (OBJECTS) SUCH AS A PIECE OF CLOTHING, A HOUSE, A FARM AND EVEN AN ANIMAL.

12.4 Cutting unholy soul ties

It is therefore important to cut all unholy soul ties (in Jesus' name) between yourself and other people that had or that may still have any type of unholy influence in your life. Also plant Jesus' cross in the spirit world between you and that person.

Any gifts or memorabilia that may link you to a person or to an unholy brotherhood or group e.g. the Freemasons, Broederbond or any other group of persons with whom unholy soul ties were shared (such as certificates, medals, aprons, prayer cloths etc.) should be destroyed since that item may cause the cutting of the unholy soul ties only to be partially effective. Demons and DSC's may also cling to these items and the fact that you still keep these items and honour them will still provide access for the demonic in your life.

12.5 Beware: Unholy soul ties can be reinstated

Unholy soul ties may however be reinstated. If one should cut an unholy soul tie with someone but stay in relationship with that same person whilst you may still be vulnerable (due to incomplete inner healing) the unholy soul tie may once again be put in place. The unholy soul tie is then reinstated and the enemy will once again use this unholy bond to attack you in any possible way. For this reason it is sometimes justified to put safe boundaries in place between yourself and others who you know

may not be a good influence on you. This may be necessary for your own protection, at least for a period that is needed and until Jesus has healed you and have raised you up in your full authority in Him.

(A good book to read about soul ties is “*Soul ties, the unseen bond in relationships*” written by David Cross (2006, Ellel Ministries).)

Prayer to break an unholy soul tie

- *Jesus, please show me whether I have any unholy soul ties with people, groups, institutions or places that are either still alive or are already deceased.....*
- *Jesus, I hereby pray that you will cut the unholy soul ties that I have with these people and that You will only keep the holy soul ties in place. Please plant your cross between me and these people and/or institutions.*
- *Jesus, now please wash me with your Blood of all negative thoughts and emotions associated with these people (list the thoughts and feelings).....*
- *Jesus, I ask that You will now, through the power of Your Holy Spirit, rip any demons and DSC's (especially of the people with whom I had the unholy soul tie) from my soul dimension and body. Set me free from any oppression in this regard Jesus, set me free!*

13. LOSS OF A DECEASED LOVED ONE

It sometimes happens that someone very near to us dies (for example a spouse, parent, child or even an unborn child (miscarriage)) and that we consciously or sub-consciously still hold on to this deceased person and has not yet been able to “release” him/her. The result hereof is feelings of sadness and loss that keep the person captured and unable to obtain peace over the loss of the person.

13.1 Miscarriages or still-born babies

A good example hereof is when a woman has lost a baby by way of a miscarriage or even an abortion. Many woman find it extremely difficult to make peace with the loss of the baby and are still holding on to the dead baby and are unable to “move on”. A DSC of the baby that was lost is often the cause when a woman remain saddened over the miscarriage and the loss of the baby and is unable to “move on” and to obtain peace over the miscarriage.

13.2 Loss of a father, mother, spouse or a child

People often struggle to obtain peace after the death of a father, mother, spouse or child or any other loved one. It is then as if that person is unable to carry on with the rest of their lives since they still “hold on” to this person, often based upon lies of the enemy or feelings of guilt. Once again a DSC of the deceased person may be the instrument in the hands of the enemy to keep the person in bondage.

13.3 Process to follow to gain freedom

Firstly, any lies of the enemy that cause the person to believe that he/she is unable to live without the deceased loved one has to be cast down and cancelled by the Blood of Jesus. The person's mind has to be renewed with the truth of Jesus. An example hereof may be that an elderly woman who leaned heavily on her husband for emotional support during her whole lifetime now believes the lie that she is unable to carry on with life without him. This lie must be cast down in the name of Jesus since He says in His Word that we are able to do anything through Him that strengthens us.

The person then has to be led in prayer to release the deceased person to Jesus (also in the case of a deceased child whether born or unborn). We then ask in prayer that Jesus will plant His cross between the person and the deceased loved one and we also cut all unholy soul ties (of loss, sadness, dependency etc.). We then request Jesus to give the person peace and to wash him or her clean with His Blood of any sadness and loss.

Lastly, one has to test whether any demons of e.g. loss and sadness are there and cast it out. We will also test for a DSC of the deceased person.

Prayer of faith

- *Jesus, please show me whether I have any unholy soul ties with people that are already deceased.....*
- *Jesus, please show me through the power of your Holy Spirit whether I keep holding on to them, based on a lie of the enemy.....*
- *Thank you Jesus for showing me the lie that is keeping me captive. I hereby cast down this lie in the name of Jesus, I reject it and give it back to the enemy. I accept your truth in this situation Jesus and ask you to seal this truth into my spirit and soul by your precious Blood.....*
- *Jesus, I hereby release these deceased people into Your hands and pray that you will cut the unholy bond that I still have with them. Please plant your cross between me and that person.*
- *Jesus, now please wash me with your Blood of all feelings of loss, regret, sadness, hopelessness, brokenness, depression etc.*
- *I declare Jesus that I hereby break, in your name, any unholy relationship with death and declare that I choose life and I choose You Jesus.*
- *Jesus, I ask that You will now, through the power of Your Holy Spirit, rip any demons and DSC's (especially of the deceased person/s)
from my soul dimension and body. Set me free from any oppression in this regard Jesus, set me free!*

14. BREAKING OF INNER VOWS

People are often in bondage due to the fact that they have made an inner vow of which they are not even aware (it could also have been made subconsciously).

Some of the inner vows that we have already found when we ministered to people are the following:

- *I will never love (or marry) again.*
- *I will never trust anybody again.*
- *I will never again allow anybody close to me or intimate with me.*
- *I will never allow anybody to hurt me again, instead, I will try to protect myself as far as possible by controlling and dominating others.*
- *I will never again accept any authority (including God's) etc. (rebellion – born out of being hurt by someone in authority)*
- *I will prove to others (and myself) that I am good enough by being perfect in everything I do (performance-drivenness and perfectionism – born out of rejection).*

People make inner vows such as these due to the fact that they have been hurt and/or rejected in the past and the vow was made in an attempt to protect themselves.

Demons and DSC's react upon these inner vows and it gives them a "foothold" or right to be in the person. Take for example the case of a woman who gets betrayed by her husband due to the fact that he left her for another woman. The hurt of the rejection is so bad that she takes an inner vow never to trust any man again. This may also be based on the lie of the enemy that *"all men are dishonest and may not be trusted"*. Demons of rejection, isolation, loneliness, brokenness, hopelessness, sadness, distrust etc. may latch onto this inner vow and may even draw in DSC's whose task it is to enforce this stronghold of rejection and isolation.

To get rid of the spiritual bondage, the person who has caused the hurt should be forgiven and set free, the trauma should be healed by Jesus and the inner vow should be specifically withdrawn and cancelled by Jesus' Blood.

Prayer of faith to cancel inner vow -

- *Jesus, I withdraw the following inner vow that I have made unconditionally..... and declare that it will no longer be of any force or effect. Wash me clean from this unholy vow Jesus with Your Blood.*
- *Jesus, I forgive for what he/she/they has done to me and I set them completely free. Please wash me clean with your blood of any unforgiveness, bitterness and hatred.*
- *Please cut all unholy soul ties between myself and him/her/they and plant your cross Jesus between myself and him/her/they.*
- *I ask you Jesus to wash me with Your Blood of all the negative emotions that get stirred up if I think of him/her/they*
- *Jesus, I declare that I do not have to try to protect myself since You are protecting me and if anybody should again hurt me in the future, you will pick me up again and heal me completely. I have nothing to fear.*

- *Jesus, I now ask you to rip from me any demons or DSC's that have come into me as a result of the inner vow that has now been cancelled by your Blood.*

15. THE STRONGHOLD OF REJECTION - JEZEBEL AND AHAB

15.1 The nature and root of this stronghold

As mentioned above, Jezebel and Ahab are some of the strongest demons one can find in people and they are often generational and cling to bloodline curses of hurt and rejection. Jezebel and Ahab come into people as a result of hurt and rejection in their lives and often the roots of these demonic strongholds are wide and spread over the person's whole life. These roots of rejection should first be dealt with before these strongholds may be challenged (refer to our complete teaching on Jezebel and Ahab on our website www.ignitedinchrist.org for more detailed information about these demonic strongholds).

In order to deal with a stronghold of hurt and rejection in a person's life, the person should ask the Holy Spirit to show him/her when and where in his/her life he/she experienced hurt and rejection and then those incidents should be prayed over and the people who have hurt them should be forgiven and released. Also ask Jesus to plant His cross between you and them and to cut any unholy soul ties. Then you should also ask our Lord Jesus to wash you clean with His Blood from hurt and rejection.

People who have read our teaching on Jezebel and Ahab on our web site and realise that they have been taken captive by these strongholds, may pray the following prayer to request Jesus to unlock this stronghold and to set them free:

Prayer to break the stronghold of Rejection, Jezebel and Ahab -

- *Lord Jesus, I see the following traits of Jezebel and/or Ahab in myself -*
.....
.....
.....
.....
- *Lord, I repent of the fact that I have become a Jezebel and/or an Ahab personality (either knowingly or unknowingly) and I declare that it saddens me and that I want to break free from this stronghold. I know that I have either hurt other people in my life through my domination and control over them or I have been too passive all my life and have refrained from taking up my God-given authority.*
- *Please forgive me for either being a Jezebel or an Ahab and set me free from this demonic lifestyle.*
- *Lord Jesus, please show me by the power of Your Holy Spirit when, where and by whom I have been hurt and rejected in my life (Jezebel stronghold)*

-
-
- *Lord Jesus, please show me by the power of Your Holy Spirit when, where and by whom my own individual identity as well as my self-image and self-worth was attacked (Ahab stronghold)*
-
- *Lord Jesus, I know that often our rejection and feelings of being worthless is based on a lie of the enemy. I ask you Jesus to reveal to me the lie that is involved here as well as your truth.....*
 - *Jesus, I now choose to cast away the lie of the enemy and to believe your truth over the situation.*
 - *Lord Jesus I forgive these people for what they have done to me and I set them completely free.....*
 - *I ask you Jesus to cut all unholy soul ties between me and these people and to plant your cross between me and them.*
 - *Please wash me Jesus with your Blood of all feelings of hurt, rejection and unwantedness as well as of not being loved, unforgiveness, bitterness, hatred, aggression and rage (Jezebel) and of all feelings of inferiority, low self-worth and inadequacy as well as a strong sense of not being good enough (Ahab).*
 - *Please wash me Jesus with your Blood of all the traits of Jezebel and/or Ahab and purify me with your Spirit.*
 - *Please help me Jesus to renew my mind and to become the person (both in Godly identity and in Godly authority) that you have created me to be.*
 - *Please help me Jesus to resist the stronghold of rejection by trying to protect myself since I know that the Blood of Jesus protects me and seals me off from any hurt and rejection.*
 - *Help me Jesus not to retaliate when I am being hurt by others but to forgive the people who hurt me or treat me badly and to set them free immediately.*
 - *I now ask you Jesus to rip from me any demons and demonic soul copies that may have found entrance into my body and soul based on the strongholds of Jezebel and Ahab, specifically the demons of Rejection, Jezebel, Ahab, Rebellion, Perfectionism, Jealousy, Control, Manipulation, Domination, Intimidation, Inferiority, Inadequacy and Low Self Worth, Passivity, Indecisiveness, People-pleasing, Compromise etc.*
 - *As to demonic soul copies, I ask you Jesus to specifically rip from me Queen Jezebel and King Ahab of the Bible's time (if they are there) together with all of their demons and demonic soul copies under them. Please rip them out of me, Jesus!*
 - *Thank you Jesus that you have freed me from these demonic strongholds!*

16. **KNOWING AND ACCEPTING GOD THE FATHER'S LOVE**

Many people do not experience the love of God the Father because they never had a good relationship with their earthly father.

The enemy has a strategy to cause the relationship between fathers and their children to break down due to various reasons. Many men and woman were abused (verbally, emotionally and/or physically) by their fathers when they were young. Others suffered under fathers who dominated, manipulated and intimidated their household through control and fear. Other people will say that their father either worked all the time or was always too tired to spend quality time with his children. Other fathers perhaps abandoned their children at a very young age due to a divorce, left home and did not want anything to do with them. The list of examples goes on and on (Obviously the mothers were also not innocent....)

The plan and purpose of the enemy is to distort the image of God the Father with people as a result of the fact that their relationship with their earthly father was broken down....

The truth is that God the Father is everything that your earthly father could never be to you. He –

- Knows you intimately (Jer.1:5)
- Accepts you just the way you are (Luke 15:11-32)
- Loves you passionately and unconditionally (John 3:16)
- Is never too tired or busy to listen to you (always available) (Heb. 15:5)
- Gives you free access to His throne (Heb. 4:16)
- Says you are his beloved daughter or son (Mat. 3:17)
- Forgives you all of your sins and do not hold it against you (1 John 1:9)
- Is good and want to give you all good things (Luke 11:11)
- Is merciful and will always give you another chance (Luke 6:36)
- Will always protect you (Ps 28:7)
- Will never forsake you or leave you (Heb. 15:5)
- Does not favour any person above another (1 Peter 1:17 and James 3:17)
- Keeps you in high regard and thinks you are His gift to the world! (Zec. 2:8)

If you realise that your relationship (or lack thereof) with your earthly father may have distorted your image of your heavenly Father, please pray the following prayer with us in order to ask Jesus to restore the broken image

Prayer to restore our image of and relationship with God the Father -

Dear Father God, I realise that the way my earthly father treated me and the negative relationship (or total lack thereof) that I have with my earthly father, has distorted your image in my eyes.

Lord, I hereby cancel the lie of the enemy that you are just like my earthly father. To the contrary, you are everything that my earthly father never was.

I ask you for forgiveness Father that I believed this lie for so long and I ask you to wash me with the Blood of your Son of this lie and to restore the correct image of You in my spirit and soul.

Father, I forgive my earthly father for the fact that he has never been to me the father as you intended for him to be. I release him completely and set him free.

Please cut all unholy soul ties between me and him and plant your cross Jesus between us.

Father God, I pray that you will reveal your true self to me so that I can get to know you better and be in a heavenly relationship with You.

Father, I also from now on undertake not to seek validation from my earthly Father but to instead come to you for my complete validation and acceptance.

For the men: Father, please give me the wisdom to be the father to my children that you want me to be so that my children will know You as their Father through the example that I set.

17. IMPORTANCE OF RENEWAL OF THE MIND

Paul says in Romans 12:2 and 2 Cor. 10:5 that we should renew our minds and take every thought captive to make it obedient to Christ. Renewal of the mind is therefore a very important part of inner healing and deliverance.

Any believer that has been healed and delivered by the power of God can fall back into the same bondage if that believer does not renew his/her mind to constantly keep casting away the lies of the enemy and believing the truth of God, as set out in His Word.

This may be illustrated by the following example: We can cast a spirit of Fear out of someone now but if that person does not choose to believe what Jesus says in His Word that we have not been given a spirit of fear but of power, love and a sound mind (2 Tim1:7), that person's freedom in Christ will be short-lived.

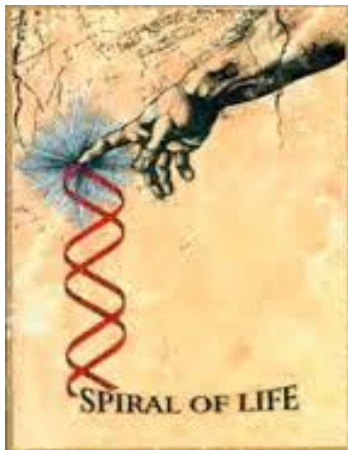
In our ministry, we have experienced this area of inner healing and deliverance to be the most difficult (even more than the casting out of demons and dealing with demonic soul copies). This is something only you can do since only you have authority over your free will and your mind!

Look at the following illustration that shows and explains the power of a thought and how it can lead to either life or death!

SPIRAL OF LIFE OR DEATH

Everything first starts in the spiritual realm before it manifests in the physical realm. Good and bad.

JESUS CHRIST (THE LIGHT)



JESUS

FORCES OF DARKNESS

- Thought
- Emotion
- Words
- Actions
- Habits
- Destiny



DESTRUCTION

YOU CHOOSE! (Rev. 3:20)

Prayer for the power to renew the mind:

Dear Lord Jesus, you know which lies of the enemy I have casted away today Lord and have cancelled in your name. Lord Jesus, you have also shown me the truth today about situations in my life and/or in my past.....

Lord Jesus, please help me now to renew my mind and I ask you by the power of your Holy Spirit to renew my mind with the truth.

Help me Jesus to take authority over the lies of Satan and to no longer allow any lies to rule over my life!

Thank you Jesus!

18. CERTAIN BLOCKAGES TO INNER HEALING BY THE HOLY SPIRIT

18.1 Lack of faith

Jesus had said numerously (in the New Testament) that it was a person’s faith that saved them. Faith is our electrical cord that needs to be plugged in with Jesus. A person with no (or very little faith) in Jesus and His healing power will also not have trust in Him. A *sine qua non* (prerequisite) for inner healing under the anointing of the Holy

Spirit is faith in Jesus as personal Saviour and also in His healing ability through the power of the Holy Spirit.

18.2 Lack of personal commitment and perseverance

The enemy immediately picks up whether a person is serious in his/her desire for inner healing and deliverance. Some people just want to remain in their own passive state in the hope that we (as instruments in the hands of Jesus) will do everything for them and that whatever keeps them captive will just “vanish”. No, the Lord wants us to be desperate for our own healing and freedom in Christ and he honours the fact that we are willing to “fight” for it. This attitude of commitment and perseverance is honoured by our Lord Jesus and usually amazing break-through follows this type of commitment.

18.3 Lack of willingness to admit (and to deal with) sin

People who do not want to admit that a certain aspect of their lives does not honour God and is a transgression of His commandments, will stay in bondage in relation to that sin. An example of this would be a homo-sexual who cannot see and understand that his sexual orientation is against God’s will and results in sin. For as long as he believes the lie of Satan that he has been made a homo-sexual by God and that he is unable to change, he will remain in this bondage...

It goes without saying that bitterness and the inability to forgive also amounts to sin and will block inner healing and deliverance.

18.4 Fear to deal with past trauma

People who are not willing to invite Jesus into all the rooms of their soul dimension (especially those that they have wilfully closed and sealed off due to trauma and fear) are not yet at a place where they will receive complete inner healing and deliverance. For as long as we keep certain doors of our soul dimension closed to the Holy Spirit, our healing and deliverance will only be partial.

18.5 Pride

People who are not yet ready to humble themselves before the throne of Jesus, will not get healing and deliverance. The Lord says in His word that He resists the proud but that He uplifts the humble (1 Peter 5:6).

Unfortunately many men (especially the so-called “Afrikaner” men) have a serious ego-problem (pride) and are on top thereof also stubborn and unteachable, to a large extent. Many men therefore do not want to talk about their past failures and hurt due to the lie of the enemy that “real men do not cry”. This unfortunately excludes them from the miraculous healing power of God and they will be left outside of the marriage chamber of Christ due to the fact that they did not have enough oil in their lamps...

If you are prepared to humble yourself under the mighty hand of God, He will lift you up.

18.6 Spirits of Religion, Tradition and Dogma

We have experienced in inner healing sessions with believers who have not yet been baptised as a believer and who are therefore still believing in the infant baptism (often believers that are still members of the more traditional churches) that the spirits of Religion, Tradition and Dogma blocks the working of the Holy Spirit and that very little spiritual break-through comes.

It is therefore necessary in these cases to first deal with and renounce the lie of the infant baptism and to remove the spiritual veil of Religion, Tradition and Dogma, before the inner healing of the person can continue.

18.7 Kundalini (False Holy Spirit) contamination

We have experienced numerous times that people who have opened themselves up to the false holy spirit, Kundalini, have a serious block to inner healing and deliverance. This may have happened when these people attended the teaching and ministry of false prophets who minister through Kundalini (chi) power. If a believer in Jesus Christ should attend such a sermon or meeting and should end up worshipping that false demonic power, he/she will become infected with this snake-like power demon who will block out the power of the Holy Spirit to heal and deliver.

These people will not gain healing and freedom in Jesus Christ before they have not confessed and repented for their worship of the false Jesus, through the false Holy Spirit.

Our experience once again is that this confession and repentance will not easily happen since Kundalini works together with demons such as Mind-Control, Deception and Confusion as well as Manipulation and Witchcraft. These people therefore require serious prayer and intercession for the Holy Spirit to remove this veil in front of their eyes so that they can see the truth of their own deception.

We have also found that people who are oppressed by a demon of Kundalini will probably be able to see into the spirit realm (e.g. demons) since their 3rd eye (an occult membrane between the two eyebrows) has been opened by Kundalini. This demonic 3rd eye has to be closed after the person has received deliverance from the Kundalini spirit.

19. CLOSING

Charles Kraft in his book “Two Hours to Healing” alleges that it is possible for a person to obtain inner healing and freedom in two (2) hours. We respectfully do not agree with him. Inner healing and deliverance is a process under the guidance of the Holy Spirit and may take more time to complete, depending on the amount and depth of the bondage. One can always choose whether you merely want to do surface scratching or whether you want to do deep and thorough surgery. We choose the second option.

We trust that this teaching (together with Ignited in Christ's other teachings that are available on the internet) will enable you to pray for inner healing and deliverance yourself.

Please however remember that knowledge and experience does not necessarily guarantee success. Only one thing guarantees success in the spiritual realm and that is 100% faith and trust in our precious Saviour Jesus Christ and His Holy Spirit without which no true inner healing would be possible. To Him all the glory and honour, now and forever!!

ALL GLORY AND HONOUR TO OUR BELOVED JESUS CHRIST WHO HAS REVEALED ALL
OF THIS TO US THROUGH HIS HOLY SPIRIT!
WE LOVE YOU VERY MUCH LORD – THANK YOU VERY MUCH!

YOU MAY ALSO VISIT OUR WEB PAGE AT WWW.IGNITEDINCHRIST.ORG AND MAY
REGISTER AS A "FRIEND" OF IGNITED IN CHRIST. IN THIS WAY YOU WILL STAY
ABREAST OF OUR TRAINING SEMINARS AND OF WHAT OUR LORD JESUS IS
TEACHING US IN THIS MINISTRY.

IF THE HOLY SPIRIT PROMPTS YOU TO MAKE US A ONCE-OFF OR CONTINUOUS
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