

PRAYER

FOR HEALING OF **TRAUMA AND SHOCK**

PERTAINING TO **THE CORONA VIRUS**



Dear believer in Jesus Christ, often we do not realise how adversely things around us affect us emotionally since it is a protective mechanism of the human psyche to suppress negative thoughts and emotions and to constantly just project to the outside world that you are strong and that you are in control. However, subconsciously, we often struggle emotionally and especially in this trying time when the world struggles to fight off this unseen enemy called the Corona virus.

We have written this prayer in obedience to our Lord Jesus Christ who showed us His concern for His people and that He just so desires to come and wash us with His blood and to once again refresh us emotionally but also spiritually and mentally.

Therefore, please pray this prayer in your inner room and allow your Bridegroom Jesus Christ to come and wipe your tears and strengthen you again emotionally, mentally and spiritually. He is faithful and He is our shepherd that wants to lovingly tend to His sheep.

“Dear Lord Jesus, you know that I am feeling a bit overwhelmed by this pandemic that has hit us without any warning and that has changed our world literally overnight. You know my deepest feelings and emotions and I now bring them before you. I declare that you alone are my healer and my deliverer, and I ask for your help today Lord Jesus because I know that I can not carry this burden in my own strength.

Lord Jesus, if there are any hurt inner adults inside of my soul dimension (or at the level of my spirit person) that formed as a result of the trauma and shock experienced by me due to this pandemic, I now ask them to come before you. Lord Jesus, I ask you to please come and wash them all (on spirit and soul level) clean with your precious blood. Please wash away the following:

- *Shock and trauma due to the Corona virus and everything that I hear daily from the media about people who are ill, who died or who experience any kind of hardship due to the virus*
- *Feelings of hopelessness, disillusionment, powerlessness, despondency, despair*
- *Depression, anxiety, fear and tension*

- *Loneliness, isolation, longing for loved ones and personal and physical inter-action with other people*
- *Fear, insecurity and anxiety relating to finances, the financial recession in the world, the world financial markets, job security and, in general, the ability to survive*
- *Fear, anxiety and worry about the safety and security of loved ones, the elderly as well as the less privileged people of our country*
- *Spiritual insecurity, disbelief, doubt*
- *Feelings of guilt, self-condemnation, unworthiness, inferiority and inadequacy when realising our own emotional weakness irrespective of the fact that we are believers in Jesus Christ etc.*

..... (any other feelings or negative thoughts that you may experience).

Lord Jesus Christ, please come with the power of your blood and wash me (and these hurt inner adults on spirit and soul level) clean with your precious blood. Please wash all this trauma, shock and negative feelings as well as thoughts (be specific) away with your precious blood. Please come and restore my peace in you. Please Lord Jesus, let all inner adults on spirit and soul level consolidate to one now and please come and take them away.

If any DID (dissociative identity disorder) parts on spirit and soul level formed due to the shock and trauma (or due to any other triggers) associated with the corona virus, then I ask you to appear to them all now Lord Jesus Christ in all your glory. I ask all of these DID parts on spirit and soul level to open the doors of their hearts to let you in and I ask you Lord Jesus to wash them clean with your precious blood. Please remove all the trauma, shock and all the other negative feelings and thoughts listed above as well as any others not even mentioned. Please restore their peace in you and integrate them all now to my core spirit and soul person by the power of your blood.

Lord Jesus, if the enemy took any spiritual captives of myself and my family as a result of any shock, trauma, fear or negative emotions that I experienced (or due to any curses) associated with the Corona virus pandemic, then I hereby bind the gatekeepers in the spiritual realm where demonic forces are keeping any of these captives. I ask you Lord Jesus to send in your holy warring angels to seek, find and rescue all the spiritual captives of myself and my family members and to bring them out. Please wash them all clean with your precious blood and restore their peace in you. Lastly, please take them away Lord Jesus to thereby remove any demonic hold that the enemy may have had over me and my family by way of these spiritual captives.

I thank you Jesus Christ for your love and grace for all of us, your children, and for the power of your blood that faithfully heals and restores us. Thank you that you know us intimately and that we may have a living relationship with you.

*Please seal the healing that you have brought with your precious blood and help me Jesus to keep my eyes on you only in this time and not to allow my situation or circumstances to pull me down. **AMEN***