

# HURT INNER CHILDREN & HURT INNER ADULTS

## A SPIRITUAL KEY TO FREEDOM IN CHRIST!



Mat. 19:13-15:

***“Then little children were brought to Him (Jesus) that He might put His hands on them and pray, but the disciples rebuked them.***

***But Jesus said, “Let the little children come to Me, and do not forbid them: for of such is the kingdom of heaven.”***

***And He laid His hands on them (blessing them) and departed from there.”***

Isaiah 61:1:

***“He has sent Me to heal the broken-hearted  
To proclaim liberty to the captives,  
And the opening of the prison to those who are bound.”***

(A basic understanding of the fact that we are spirit, soul and body and that Christians can have demons and blood line curses as well as the spiritual concept of Demonic Soul Copies is necessary in order to fully understand this teaching. We therefore refer you to our web page [www.ignitedinchrist.org](http://www.ignitedinchrist.org) for these other teachings. You may also order our DVD's from our "Ignited Shop" on our web page to gain the necessary understanding of these important concepts before reading this teaching.)

### 1. WHY THIS TEACHING?

The first question that always comes to mind when one reads a teaching or attends a lecture or training session is “so what?” or “why this teaching?”

In the last couple of months, we have become very frustrated in some sessions with people because it seemed as if there was a serious block to further inner healing and deliverance. In some people that we ministered to, the demons and demonic soul copies<sup>1</sup> (DSC's) appeared to be very strong and we could not understand where their power is still coming from. This happened in the context of people where all known open doors in the spirit were already closed (i.e. blood line curses were cancelled, all known sin was repented for,

<sup>1</sup> See our teachings (levels 1 and 2) about Demonic Soul Copies on our webpage at [www.ignitedinchrist.org](http://www.ignitedinchrist.org)

forgiveness took place and all past trauma was prayed for and apparently healed). We asked our Lord Jesus what could be the reason why the enemy still had rights in the people we ministered to. It was then that our Lord Jesus started to focus our attention more and more on the hurt inner children (and also on a related spiritual concept namely “hurt inner adults”).

We have known about the spiritual concept of “hurt inner children” for quite some time now and we have also often found hurt inner children in people that we ministered to. However, it was only in the last few months, that the importance of hurt inner children and hurt inner adults in the healing and deliverance of children of God was emphasised to us by the Holy Spirit. We also then started to find more and more of these hurt inner children and hurt inner adults in people whom we ministered to and gradually various new permutations of them were discovered.

We then started to realise that there is much more to the spiritual concepts of “hurt inner children” and “hurt inner adults” than what we initially thought.

It therefore became evident that the enemy is using hurt inner children and hurt inner adults as tools to keep children of God in bondage to Satan and to prevent them from being completely healed in their souls and bodies.

We then realised that this concept may be a very important spiritual key to gaining freedom from the captivity of Satan (in soul and body) and living a life of victory in Him!

In the context of all of this, we heard the call of our Lord Jesus Christ, through His Holy Spirit, to share with the Body of Christ what we have learned in the School of the Holy Spirit so far about Hurt Inner Children (“HIC”) and Hurt Inner Adults (“HIA”).

## **2. DEFINITELY NOT THE LAST WORD SPOKEN**

We want to emphasise to you right from the start that we know we live in a spiritual season where our Lord Jesus Christ, through His Holy Spirit, is revealing more and more knowledge about the spiritual realm to His Bride. For many in the Body of Christ, the information in this teaching may therefore be brand new.

We however acknowledge that we are also in a learning process. We share with you in this teaching what we have, so far, learned from the Holy Spirit about HIC and HIA’s but we realise that it may not be the last word spoken on the subject.

We therefore see this teaching as merely containing the first building blocks that our Lord is releasing to us and therefore others, who come after us, may continue the building process and may ultimately see the full picture more clearly. Some things that we now accept as facts may even be overturned by new revelation from the Holy Spirit in the spiritual seasons to come and as we continue our search for complete freedom in Jesus.

We therefore ask anybody who wants to be critical towards this teaching to please bear in mind that these spiritual concepts are, to a large extent, uncharted territory. We are therefore going where others fear to go in order to discover new spiritual territory. In years to come, the things that we are now quibbling about may perhaps already be “old news” to your kids and they may in turn be used by God to explore more unknown spiritual territory, under the leading and guidance of the Holy Spirit.

Also, if anyone wants to criticise this teaching we would simply like to ask that person whether he/she is obedient to the call of our Lord Jesus to set the captives free (Isaiah 58: 6 & 7) since, if they are being obedient, they would be able to confirm that these things are real and do occur. Rather do not criticise if you yourself is not prepared to make your hands dirty!

### **3. WHAT TO EXPECT IN THIS TEACHING (CONTENT)**

- What is a hurt inner child (HIC) and a hurt inner adult (HIA)?
- How do others view this phenomenon?
- DID or dissociative identity disorder
- Is HIC and HIA's a form of dissociation (DID)?
- Is HIC and HIA's the same concept than DSC's?
- Trauma that may give rise to HIC and HIA's
- What is the strategy of the enemy with HIC and HIA's?
- Why should we be equipped with this knowledge?
- Permutations of HIC and HIA's
- Hurt inner adults (HIA's)
- What could potentially prevent a HIC or HIA from coming out?
- Dealing with HIC and HIA's as part of the inner healing and deliverance process
- How will I know whether I have a HIC or HIA?
- Comparison between the way we treat HIC/HIA's and DSC's
- Power of the blood of Jesus
- The truth of Jesus
- How do we test for and minister to HIC?
- How do people experience it when a HIC or HIA comes out (or manifest)?
- How do people experience it when Jesus takes the HIC or HIA away?
- May I pray for healing of my own HIC and HIA's and how?
- Prayer to pray for healing of HIC/HIA
- What if it (the prayer) did not work?
- What happens to the HIC/HIA after Jesus has taken them away?
- Why does God “allow” this to happen to His children?

#### 4. WHAT IS A “HURT INNER CHILD” (HIC) AND A “HURT INNER ADULT” (HIA)?

A **HIC**, from our own experience, may be defined as follows:

*“A copy of the traumatised soul dimension (i.e. personality) of a child, that was made by the enemy (Satan and his demons) due to, primarily, trauma experienced by the child. This copy of the traumatised soul dimension of the child is then put back into the child (by the demons) with the aim of keeping him/her (that is growing up) in bondage to the unhealed childhood trauma.”*

When this definition is further analysed, the following important aspects may be highlighted:

An **HIC** is -

- A copy
- Of the soul dimension (or personality)
- Of a child
- Made by the enemy (Satan and his demons)
- Due to trauma
- That is then put back into the person
- With the aim of keeping the person in bondage to unhealed childhood trauma (i.e. preventing inner healing by Jesus)

We have already found HIC of any age in the people that we ministered to. We have even found HIC in people that are as small as conception in the womb!

A **HIA**, from our own experience, may be defined as follows:

*“A copy of the traumatised soul dimension (i.e. personality) of an adult person that was made by the enemy (Satan and his demons) due to, primarily, trauma. This copy of the traumatised soul dimension of the adult person is then put back into the person (by the demons) with the aim of keeping him/her in bondage to the unhealed trauma.”*

When this definition is further analysed, the following important aspects may be highlighted:

A **HIA** is -

- A copy
- Of the soul dimension (or personality)
- Of an adult person
- Made by the enemy (Satan and his demons)
- Due to, primarily, trauma
- That is then put back into the person
- With the aim of keeping the person in bondage to unhealed trauma (i.e. preventing inner healing by Jesus)

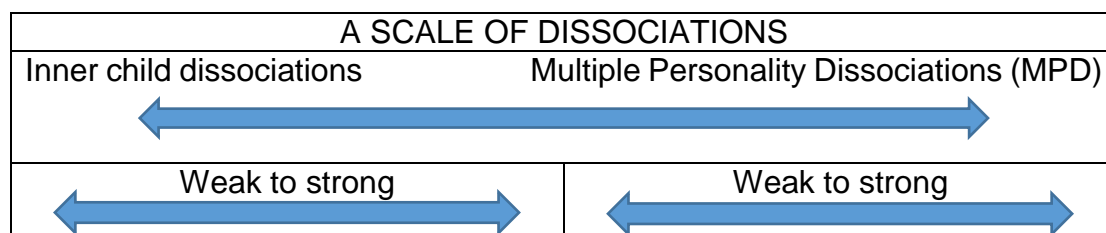
## 5. HOW DO OTHERS VIEW THIS PHENOMENON?

Charles Kraft refer in his book<sup>2</sup> to hurt inner children as “*dissociated subelves each encapsulating memories of difficult experiences and the emotions that go with them*”. He also sees HIC and HIA’s as a form of dissociation as in “*Dissociative Identity Disorder*”.

He says on p. 178 of his book that they have found so-called “sub-personalities” (other than the main self) in nearly everyone that they have ministered to. He also refers to these sub-personalities as “parts”. He however also acknowledges the term “inner child”.

Kraft seems to categorise these hurt inner children as the result of dissociation in the brain. He says on page 186: *Although this will be viewed as controversial in certain circles, in my view, milder (inner child) and more severe dissociation (MPD) can be seen as at the opposite poles of a scale of trauma-induced dissociations... For this reason we can view them as varieties of essentially the same phenomenon.*”

He illustrates this by way of the following diagram on page187:



However, in our view and according to our personal experience in ministry, it is the whole soul dimension of the child that is copied by demonic forces (due to the “open door” in the spirit created by the trauma) and pasted back into the person, and not only a couple of emotions.

Retah McPherson in some of her teachings<sup>3</sup> also refers to HIC and HIA’s as “*parts*” that are “*arrested in their development*” and/or have been “*shattered*” due to trauma. She also mentions the terminology “*dissociation*” and mentions that the parts are being dissociated at a certain age due to trauma and therefore form “*dissociated identities*”. She then differentiates between high-level dissociation (due to high level trauma) where a totally different identity is formed and low-level dissociation (due to low level trauma) where it is not necessarily a different identity that is formed but merely a hurt or traumatised part of the person him/herself. She also recognises that the part is not necessary evil but plays into the hands of evil by telling you lies and keeping hurt emotions and hidden pain captured in the person.

<sup>2</sup> *Deep wounds, deep healing*, Regal 2010 p. 176 to P. 209

<sup>3</sup> YouTube *Dissociation & Spiritual husbands and wives*

We honour both Charles Kraft and Retah McPherson for the work that they are doing in the Body of Christ and respect their views tremendously.

## 6. **“DID” OR DISSOCIATIVE IDENTITY DISORDER (PREVIOUSLY KNOWN AS “MPD” OR MULTIPLE PERSONALITY DISORDER)**

Perhaps the best example of DID may be found in the 1976 television movie “*Sybil*” starring Sally Field as a patient with MPD/DID.

According to Deborah Bray Haddock<sup>4</sup>, DID may be described as “*an unconscious defence mechanism in which a group of mental activities split off from the main stream of consciousness and function as a separate unit*” (referring to O’Regan). She says further that the purpose of dissociation is to take memory or emotion that is directly associated with trauma and to encapsulate, or separate, it from the conscious self. The following criteria of DID is then also listed:

- Dissociation is a creative way of keeping the unacceptable out of sight;
- It is a way for the DID internal system to protect secrets and continually learn to adapt to the environment;
- It is a lifesaving defence;
- It allows an attachment to the abuser to be maintained; and
- It allows strong and often conflicting emotions to be kept in separate compartments in the mind.

Haddock also says on page 14 of her book that dissociation can be thought of as both a neurobiological response to threat and a psychological defence at work to protect one from an overwhelming experience.

According to ASERAC<sup>5</sup> the various DID parts are also referred to as “alters” (short for alternate personality). The original person is referred to as the “core” or ID-book personality and the “host” is the part that takes executive control most of the time. All the parts or alters together are referred to as the “system” or “inside family”. “Switching” is the process of rotating/changing from one part to the other. “Trigger” is usually a stimuli that sets a process in action or activates a learned response to the trigger (e.g. a smell, a taste a sound etc.). A reaction usually takes place upon a trigger that is called the “programme”. This is a learned response that is acted out usually without thinking, like a robot.

Both Haddock and ASERAC agree that the diagnostic criteria for DID is the following<sup>6</sup>:

---

<sup>4</sup> (M.ED., M.A., L.P.) *The Dissociative Identity Disorder Sourcebook*, 2001, McGraw-Hill Companies Inc., page 11

<sup>5</sup> *Level 1 Volunteer Manual: Helping Victims of occult related trauma or abuse* (compiled by FH Havinga) page 33

<sup>6</sup> According to the *Diagnostic and Statistical manual of Mental Disorders*, 4<sup>th</sup> edition. Copyright 1994 American Psychiatric Association.

- The presence of two or more **distinct identities or personality states** (each with its own relatively enduring pattern of perceiving, relating to and thinking about the environment and self);
- At least two of these identities or personality states recurrently **take control of the person's behaviour**;
- Inability to recall important personal information that is too extensive to be explained by ordinary forgetfulness;
- The disturbance is not due to the direct physiological effects of a substance (e.g. blackouts or chaotic behaviour during alcohol intoxication) or a general medical condition (e.g. complex partial seizures).  
(In children, the symptoms are not attributable to imaginary playmates or fantasy play.)

## 7. IS HIC AND HIA'S A FORM OF DISSOCIATION (DID)?

All of these authors that we have referred to, including Charles Kraft, seem to think that what we call HIC and HIA's is merely 'n lighter or milder form of dissociation and may therefore all be categorised as a form of DID.

However, if we look at the diagnostic criteria for DID listed above, it does not seem as if someone who merely has HIC and HIA's will necessarily be diagnosed by a psychiatrist with DID. The reason why we say so is that HIC and HIA's may perhaps not qualify as "distinct identities or personality states" and one may also not easily say that these HIC and HIA necessarily "take control of the person's behaviour".

Therefore, although the term "dissociation" seems to be used quite widely by both psychiatrists and spiritual councillors and although we agree that there may be some similarities between dissociation (as in DID) and HIC and HIA's, we as Ignited in Christ do not believe that HIC and HIA's is a form of DID. We rather see it as an out-and-out spiritual phenomenon created by demonic forces very much similar to demonic soul copies (DSC's).

The reasons for our humble and personal view (based only on what we learn from Jesus in the practical school of the Holy Spirit) may be explained by the table of differences below:

DID	HIC & HIA's
1. Usually the clearest forms of DID is when the "part" is clearly a " <b>distinct identity or personality</b> " from the person that you are ministering to (for example a DID part named "Chris" who is a male person and who drinks too much, is an extrovert and loves partying that is in a lady (the	1. HIC and HIA's is merely <b>a copy of the person's own personality/identity (not a separate and distinct identity)</b> that is hurt or traumatised and usually at a certain age when the trauma or hurt happened.

<p>core identity) called “Mercia” who does not drink alcohol at all and is an introvert and does not like partying).</p>	
<p>2. Usually with DID there are <b>only one</b> of the clearly distinct identity or personality in the person (e.g. Chris) and not more than one of the same identity (i.e. several Chris identities).</p>	<p>2. There may be <b>numerous HIC and HIA’s of the person</b> inside of him/her (i.e. the same identity/personality of the person him/herself may be copied numerous times and the only differences between the various copies may be age and nature of trauma and hurt).</p>
<p>3. With DID one may find that a particular DID part would from time to time <b>take complete control of the person (core)’s identity</b>. This is called “switching” in DID terminology and the result is that e.g. Chris would come out and take over the identity of Mercia and will go out partying all night, leaving Mercia the next morning with relatively no memory of what happened the night before and she would probably deny that she was in the night club at all.</p>	<p>3. In the case of HIC and HIA’s you seldom find that such a clear and complete “switch” between the person and one or more of his/her HIC or HIA’s take place. <b>The influence of the HIC and HIA’s on the person is much more subtle</b> and usually the person and his/her family or friends would not even be aware when one of the HIC or HIA’s would be saying something or manifesting in some or other way.</p>
<p>4. A DID part is always a <b>fictitious person</b> (who has never lived before).</p>	<p>4. A HIC and HIA is <b>never fictitious</b> but is a copy of the actual person him/herself at a certain age and when certain trauma happened.</p>
<p>5. The type of <b>trauma</b> that may give rise to DID is almost always <b>severe trauma</b> such as rape, SRA, extreme abuse etc.</p>	<p>5. The type of <b>trauma</b> that may give rise to HIC and HIA’s may vary greatly but <b>does not have to be extreme</b>. Even subtle trauma, shock or even rejection may give the enemy the right to create an HIC or HIA.</p>
<p>6. It is said by those who allege to know a lot about DID that it seems as if not all people are able to form dissociated DID “parts” but only people with a <b>high intelligence and creativity level</b>.</p>	<p>6. In our experience, most people have HIC and HIA’s, <b>irrespective of intelligence or creativity level</b>.</p>



7. Some authors on DID hold the view that DID is <b>both a neurobiological response</b> to trauma as well as a <b>psychological defence mechanism</b> against trauma.	7. HIC and HIA's are a <b>pure spiritual phenomenon initiated and empowered by demonic forces</b> that has its effect in the soul and body but also spiritually.
8. It is said that DID is a <b>copied mechanism</b> of the soul dimension in order to <b>protect the soul from hurt and trauma</b> that would otherwise have been too large for any person to handle or survive. It is therefore argued by some that a <b>DID part may be playing a positive role</b> in someone's life (e.g. protecting the person against the harshness of the trauma).	8. HIC and HIA's <b>can never do something good in a person</b> but its functions are always to keep the person in bondage to Satan in soul and body. A HIC or HIA may very well in certain cases argue that it tries to protect the person but that "protection" is always evil and merely an attempt to prevent the person from being healed by Jesus.
9. We have found DID parts in people that were apparently formed <b>without any demonic intervention</b> (although we believe that in certain cases such as with SRA (Satanic Ritual Abuse), the "parts" may also be formed with the aid of demonic forces and demonic programming).	9. We have found that HIC and HIA's are <b>always formed by demonic intervention</b> .

## 8. IS HIC AND HIA'S THE SAME CONCEPT THAN DSC'S?

The similarities between DSC's<sup>7</sup> (on the one hand) and HIC and HIA's (on the other hand) may be listed as follows:

<b>DSC's</b>	<b>HIC and HIA's</b>
1. A demonic <b>copy</b>	1. A demonic <b>copy</b>
2. Of the <b>soul dimension</b> (or personality)	2. Of the <b>soul dimension</b> (or personality)
3. Of an <b>actual person who has lived before (and is now deceased) or is still alive</b> <sup>8</sup> .	3. Of the <b>person him/herself at a certain age when there was trauma or extreme hurt or shock etc.</b>

<sup>7</sup> See our complete teachings on Demonic Soul Copies (DSC's) on our webpage ([www.ignitedinchrist.org](http://www.ignitedinchrist.org)) under "publications" and "free publications".

<sup>8</sup> This is the general rule, however we have also found DSC's of fictitious people e.g. a character in a play or movie in people who have role-played the character in the play or who have watched the movie.....

4. Copied and pasted <b>by demonic forces.</b>	4. Copied and pasted <b>by demonic forces.</b>
5. As a result of <b>any right the enemy</b> may have over the person in soul and body e.g. blood line curses, unrepented sin, unhealed trauma etc.	5. Mostly <b>as a result of trauma</b> and already existing rights of the enemy i.e. blood line curses etc.
6. <b>Functions</b> in the person are always <b>evil</b> and to keep the person in bondage to Satan in soul and body, unable to live a life of victory.	6. <b>Functions</b> in the person are always <b>evil</b> and to keep the person in bondage to Satan in soul and body, unable to live a life of victory.
7. The <b>DSC is not necessarily evil</b> but the demons use the broken or cursed side of the DSC to harm the person and keep him or her in bondage to Satan (unable to live a life of victory).	7. The <b>HIC or HIA is not necessarily evil</b> but the broken and traumatised state of the HIC or HIA (together with the lies of the enemy that are still being believed by the HIC or HIA) is used by the enemy to harm the person and to keep him or her in bondage to Satan (unable to live a life of victory).

In our view and based upon our experience in the School of the Holy Spirit, HIC and HIA's are merely a permutation of DSC's and are being used by the enemy to keep God's children in bondage.

We believe that many people may perhaps have been wrongly diagnosed with DID in the past whilst their actual problem was purely at the spiritual level and the only "doctor" who can help them heal is Jesus Christ through His Holy Spirit.

## 9. TRAUMA THAT MAY GIVE RISE TO HIC AND HIA'S

The type of trauma that may give the enemy the right to create a HIC or a HIA in a person may vary greatly.

We have found childhood trauma in ministry sessions with people ranging from conception in the womb until puberty.

The trauma may also vary from very serious trauma such as incest, rape, serious abuse and molestation to rejection, unwantedness, not being loved or verbal abuse. It is important to realise that "trauma" to one person may merely be an "unpleasant event" to another and therefore we find that people react differently to trauma. In our experience, some people have been created by our Lord Jesus to be more sensitive and therefore more vulnerable to traumatic experiences.

The following are some examples of childhood trauma that have given a right to the enemy to create a HIC in the people we have so far ministered to:

- Rejection and/or unwantedness that is picked up by the baby even whilst still in the womb (e.g. conceived out of wedlock or thoughts by the mother of aborting the baby);
- Conflict between the parents and/or domestic abuse picked up by the baby even whilst still in the womb;
- An attempt to abort the baby in the womb (or even just a thought of aborting the baby);
- Any trauma that the mother is exposed to whilst the baby is still in the womb;
- Trauma at birth such as when the umbilical cord was around the baby's neck, the baby got stuck in the birth canal, the doctor had to use instruments to enable the baby to be freed from the birth canal etc.;
- Rejection and/or unwantedness picked up by the baby just after birth when the baby was separated from the mother for whatever reason;
- Physical trauma that may be experienced as a baby such as e.g. chronic illness such as asthma, epileptic fits etc.;
- Any rejection experienced as a child (e.g. a small child that waits for his/her mom at the crèche until it gets dark and he/she is almost the only one there (based on the lie of the enemy that comes in that *"I am not being loved or wanted"*)).";
- Extreme humiliation (e.g. the child had to admit to someone else that he did something bad and the punishment that was perhaps extreme in relation to the crime);
- Bullying by other kids or older siblings;
- Sexual molestation, rape and even incest;
- Abuse of any kind – physically, emotionally, verbally or sexually by parents, school teachers and others;
- Satanic ritual abuse;
- Etc. etc.

Trauma that may give rise to a HIA in a person may also greatly vary. Here are some examples of what we have already found in people that we ministered to:

- Domestic violence;
- Abuse of any kind e.g. physical, sexual, verbal and emotional, often by husbands;
- Fear, anxiety and tension e.g. in situations of domestic violence and abuse by the husband;
- Rejection and unwantedness e.g. in relationships and during a divorce;
- Extreme humiliation as a result of domestic abuse or abuse from an employer at work;
- Pain and shock e.g. during an armed robbery or a motor vehicle accident;
- The loss of a job in traumatic circumstances;
- Etc. etc.

We have already found numerous HIC and HIA's in the people whom we have ministered to that were formed due to the trauma listed above and more...

Most of the people (Christians) that we have so far ministered to have HIC and/or HIA's. We would say at least 4 out of every 5 people or 80% of all Christian people that we minister to.

## 10. WHAT IS THE STRATEGY OF THE ENEMY WITH A HIC AND/OR HIA?

Again, from our experience in dealing with HIC and HIA's found in people that we have ministered to, we may conclude that they usually have the following functions in people:

### 10.1 Capture the intensity of the trauma to prevent inner healing by Jesus

They **capture the intensity of the trauma** experienced by someone as a child or an adult. They therefore **try to prevent deep inner healing by Jesus** from taking place. This is due to the fact that the person him- or herself may have prayed about the trauma and may have received inner healing from Jesus but the HIC or HIA is still hurt and unhealed.

### 10.2 Capture the hurt feelings and negative emotions

The result is that **all the hurt feelings and negative emotions** (such as unforgiveness, bitterness, hatred, anger, aggression, rejection, sadness, brokenness, shame, guilt etc.) that the child or adult experienced during the trauma, **is being held captured in the HIC or HIA.**

This may explain why so many children of God complain that, although they have truly forgiven the people who have hurt them in the past and have asked Jesus to heal them of the trauma, they still feel bitter, angry, sad, rejected etc.

### 10.3 Capture the lies of the enemy

The lies of the enemy (that came in during the trauma) are also being held captured inside the HIC or HIA, even though the adult person may have already cancelled the lies of the enemy and may have renewed their minds with God's truth. The little HIC simply still believes the lies of the enemy and it may explain why some adult people still struggle to get rid of them (e.g. *"God does not love me"* or *"I am not good enough"*).

### 10.4 Prevent physical healing

We have even found in some believers that the HIC and HIA's prevent them from being healed completely in body from various ailments and infirmities. In a case where the believer was very ill as a child (e.g. chronic asthma, bronchitis, allergies etc.) the hurt inner children may keep these infirmities captured in the adult person's body. This may be explained by the fact that the demons of infirmity and the DSC's working with infirmity still find their rights and draw their power from these HIC and/or HIA's and from the fact that their trauma has not yet healed.

This is definitely a spiritual key to people who are still struggling with various infirmities and ailments in their bodies, irrespective of prayer and the fact that they themselves have already been healed and delivered by the blood of Jesus.

#### 10.5 **Keeping a curse in place**

A HIC (or HIA) may still keep a curse in place that came over the person as a child. We recently found a HIC of 5 years old in a man we ministered to who were “blessed” as a child in the Old Apostolic Church by one of their priests. A cross was held against the child’s head when speaking a so-called “blessing” over him.

The HIC of 5 years old told us that this was actually a curse that came over the child of poverty (rampant in and amongst the Old Apostles together with sexual immorality and lust).

We could previously not understand why the apparent curse over this man’s finances did not lift since we have already broken all blood line curses and have found numerous DSC’s in him with that function (whom the Lord Jesus ripped out). Only when we found this HIC, it became clear to us why his finances were still bound by Satan.

We had to break the curse of poverty over the HIC and cast out the spirit of poverty from the HIC before the child could obtain peace and were taken away by Jesus.

#### 10.6 **Keeping the person in denial about the trauma (or the truth behind the trauma)**

The Holy Spirit also revealed to us that certain HIC and/or HIA’s may deliberately try to keep the person in denial about the trauma that he/she experienced as a child or as an adult.

This is also a deliberate strategy of the enemy to keep people in bondage since Jesus says in His Word (John 8:32) that *“you will know the truth and the truth will set you free”*. If children of God is kept away from the truth of their own hurt by the enemy, they are effectively being prevented from obtaining inner healing from Jesus. The unhealed trauma will therefore remain hidden, empowering the demonic to keep the person in bondage.

#### 10.7 **Prevent complete inner healing and deliverance**

HIC and HIA’s may therefore effectively prevent complete inner healing and deliverance of a person in soul and body since they (by their own brokenness and trauma) still provide power and strength to the DSC’s and demons who gained entrance to the person due to the childhood or adult trauma in the first place.

We have found a spiritual “cloak” of shame around a man that we recently ministered to. When we called the demon of “shame” out, it was there but was very strong and did not want to go when we tried to cast it out. Jesus then showed us a HIC of 8 years old and a HIA that was both very ashamed. After calling both the HIC and the HIA out and asking Jesus to heal both of them from their respective shame, they were taken away by Jesus. The demon of “shame” was then again addressed and this time it left immediately when we casted it out.

This is but one of many examples where we found that DSC’s and demons draw power from unhealed HIC and HIA’s. Again, we have to realise that dealing with HIC and HIA’s is an important spiritual key to complete freedom in Jesus Christ!

#### **10.8 Prevent us from living the life of victory that Jesus died for us to have**

A HIC or a HIA may therefore prevent the believer in Jesus Christ from living the life of victory that Jesus died for them to have.

The believer with HIC and HIA’s may therefore e.g. struggle to forgive his/her perpetrators completely, may find it difficult to trust people and to build healthy and strong relationships and, in general, to find complete inner healing in soul and body.

### **11. WHY SHOULD WE BE EQUIPPED WITH THIS KNOWLEDGE?**

Believers in Jesus Christ should be equipped with knowledge about HIC and HIA for the following reasons:

- Firstly and most importantly, since it is an important spiritual key to your own freedom in Christ;
- Secondly, since we should learn how to pray for the inner healing of our own HIC and HIA as well as those of other believers that we may be praying with;
- Thirdly, we should learn how to intercede properly and effectively for our children and grandchildren who may be going through trauma of whatever nature;
- Knowledge of HIC and HIA’s helps us to understand human nature and should equip us in relationships and enable us to have more empathy with those who are struggling to gain victory over past trauma and hurt; and
- Lastly, Jesus wants us to be prepared for His second coming! He is coming back for a spotless Bride, healed and delivered from all evil in soul and body!

Jesus says in His Word: *“You will know the truth and the truth will set you free!”* (John 8:32).

Your personal journey with Jesus to inner healing and deliverance therefore starts with the knowledge contained in this teaching and the other teachings on our web page ([www.ignitedinchrist.org](http://www.ignitedinchrist.org)).

## **12. PERMUTATIONS OF HIC AND HIA'S**

We have really been astounded by all the new revelation about HIC and HIA's that the Holy Spirit revealed to us in the past couple of months. We have started to find new permutations of HIC and HIA's in ministry sessions with people and it became clear to us that this is new spiritual ground containing important spiritual keys to inner healing and deliverance that may bring hope to many believers who may have become almost hopeless in their search for complete inner healing and deliverance.

### **12.1 Multiplicity (more than one)**

We believed, until a month or so ago, that there can only be one HIC or HIA (of a particular kind e.g. age and due to a particular traumatic event) in a believer unlike with DSC's where there may be many copies of the same DSC in a believer. We also initially thought that this is one of the distinguishing features between HIC and HIA's (on the one hand) and DSC's (on the other hand).

Much to our surprise, we have recently found in people that we ministered to that most of the HIC were more than one of the same HIC! We therefore had to command each of them in Jesus' name to consolidate to only one copy in the same way than we usually command the DSC's to consolidate!

We therefore came to the conclusion that HIC (as well as HIA's) may also be "more than one" (just the same as with DSC's) and therefore the concept of "multiplicity" may also apply to them.

However, we must say that in most people that we have ministered to so far, we only found one copy of a particular HIC or HIA. Multiplicity of HIC and HIA's therefore seems to be a little less frequent than with DSC's.

How can we explain this? The only reasonable explanation at this stage is that the enemy obtains the right to make multiple copies of a particular HIC or HIA in cases where there are still unbroken and very strong blood line curses over the believer's life such as Witchcraft or Freemasonry (either from father or mother's side but often from both sides).

### **12.2 HIC and HIA's with DSC's and demons in them**

This is also something that we have only recently started to find in people.

It was discovered by us in the context of a HIC that (after the HIC obtained personal healing from Jesus) was still not able to go with Jesus (when we asked Jesus to take him/her away). We could clearly see that the HIC him- or herself wanted to go with Jesus but was unable to do so due to something that held on to it and prevented it from going.

The Holy Spirit then showed us that the reason for the inability of the HIC to go with Jesus was the fact that DSC's and demons (in the HIC itself!!) was preventing him/her from going.

We then simply had to ask Jesus to rip the DSC's out of the HIC and we also had to cast the demons out of the HIC in the name of Jesus. Only then was the HIC able and willing to go with Jesus.

### 12.3 Layering: HIC within HIC

We found in some cases that the HIC could not find inner healing and peace, no matter what we prayed and declared. The Holy Spirit then showed us that there are other HIC (of the same person) inside that HIC who also needed inner healing before the HIC would be able to release and go with Jesus! An example of this would be that all the smaller HIC of the person (namely of 10 years, 8 years, 6 years and 4 years old) were also HIC in the oldest HIC (i.e. of 12 years). We therefore gave the name "layering" to this phenomenon.

The Holy Spirit showed us that we should, in these cases, first ask Jesus to heal and take all the other HIC (within the HIC) with Him, before we deal with the actual HIC concerned.

### 12.4 HIC or HIA's with DID (!)

Just when we thought that the plot cannot thicken any more (!!), we found a HIC in someone with DID in the HIC! DID is (as mentioned above) an abbreviation for "Dissociative Identity Disorder" or "Multiple Personality Disorder" ("MPD").<sup>9</sup>

A HIC came out (in a young lady that we ministered to) that was sexually abused by her stepfather. The Holy Spirit showed us that there is a DID part that helped the HIC to cope with the trauma at the time. We therefore called this DID part out and first had to lead this part to Jesus and to complete inner healing and peace in Him. The DID part (a girl with a totally separate identity from the lady we ministered to) said that she helped the little girl to arrange all her dolls and soft toys around herself on the bed at night in an attempt to protect her against her stepfather's sexual abuse. When the DID part obtained peace from Jesus, we could ask this part to integrate with the HIC and then we could minister further to the HIC.

It falls beyond the ambit of this teaching to go into all of these permutations of HIC and HIA's in more depth. However, all of these permutations just confirm to us what we already know and that is:

- a HIC (as well as a HIA) is a complete soul copy of the child and not merely a couple of encapsulated emotions; and
- HIC and HIA's is not the same concept than DID.

---

<sup>9</sup> See paragraph 6 above.



### **13. HURT INNER ADULTS**

In our pursuit of HIC's we have also come across hurt inner adults ("HIA").

A HIA is in our view and according to our experience nothing other than a DSC of yourself that was created by the enemy during trauma that you as an adult person underwent and/or at a stage in your life when your soul dimension was still very much broken and in need of healing.

It cannot be clearly distinguished at what age HIC stops and HIA's begin. We prefer to talk about a HIA from after puberty (i.e. about 18 years and further) but we do not think anything important turns on this distinction since both a HIC and a HIA is in our opinion merely a DSC of yourself at a certain age.

We have already found numerous HIA's in the people we ministered to. We have also found that a particular believer would often have several HIA's in him/her! In some people whom we have prayed for, HIA's was the very reason why these people could not live a life of victory. The HIA's kept on reminding them of their traumatic past and kept the unforgiveness and hurt emotions as well as all the lies of the enemy tied up in them.

HIA's are also often the reason why certain DSC's and demons apparently still have a lot of power and do not want to submit under Jesus' authority. It appears as if these DSC's and demons then still find a "right" to be there (and draws power from) the unhealed pain, trauma, hurt emotions, unforgiveness and often also lies from the enemy that still belongs to the HIA.

### **14. WHAT COULD POTENTIALLY PREVENT A HIC or HIA FROM COMING OUT (OR MANIFESTING)?**

#### **14.1 Unhealed trauma in the believer him- or herself**

If the believer him- or herself is not yet ready (willing) to be healed by Jesus of childhood or adult trauma, the HIC and/or HIA will usually not come out or manifest when it is tested. This may be explained by the fact that the person him- herself is still being held captive by the unhealed trauma and therefore the enemy still has very strong rights over the HIC and/or HIA and may continue to keep them captive.

The recommended process would then be to first pray for inner healing of the childhood or adult trauma with the person you are ministering to. When the person has forgiven his/her perpetrators and has received inner healing from Jesus, the person would now be ready for the HIC and/or HIA to be tested.

#### **14.2 Person him-or herself is in denial about their childhood trauma and hurt**

We often find (especially with men (in general) and also with woman who were sexually abused as children) that the person him-or herself is in denial that the childhood trauma occurred or they do not acknowledge the event as "trauma".

This may be one of the most frustrating moments in ministry namely when the Holy Spirit has shown you that there was trauma (and there is a HIC and/or HIA) but the person you are ministering to is in denial.

It goes without saying that it would probably serve no purpose to test for HIC or HIA's if the person him- or herself will not even admit that the trauma occurred or that inner healing is required.

Then one should may be first release the person for a season and only pray into the situation by asking Jesus to show the person (through His Holy Spirit) that the trauma occurred and that inner healing is required.

#### **14.3 DSC's are holding on to the inner children (e.g. the DSC of a parent, grandparent or even a sibling)**

In some cases DSC's have told us that one of their functions is to hold on to a particular inner child (or children) and to prevent them from coming out. This appears to be a strategy of the enemy to prevent HIC from receiving inner healing by Jesus and in this way the believer is effectively kept in bondage to Satan.

The right of the DSC to hold on to the HIC is given to it by the demons that empower that particular DSC. We often find this where the DSC of a mother *"merely wants to protect her child"* or where the DSC of a father *"feels guilty that he did not straighten things out with his child and spent more time with him/her when he was still alive"*. Another example may be the DSC of a grandmother who feels that the grandchild *"carries my name and therefore I should help her"*. We have lots of examples to share with you where DSC's have held on to the HIC. In another case, where the believer's ancestors were in witchcraft and sun god worship, the DSC's said that they have sacrificed all the children (HIC) in the spirit to the sun god (Baal) and have put curses on them and therefore they have the right to hold on to them and to prevent them from speaking to us(!).

The list of examples that we can give really goes on and on.....

#### **14.4 Unbroken blood line (or generational) curses**

We have also found that DSC's, HIC and HIA's may not manifest or "come out" when tested due to the fact that they may still have too much power since the blood line curses (that gave them the right to be there in the first place), are not yet broken.

We would therefore recommend each and every believer who wants to gain freedom in Jesus Christ to start by allowing Jesus to cleanse and wash their blood lines with His Blood. (In this regard our DVD *Enemy Within – Blood line curses* may be a powerful tool in the hands of our Lord Jesus Christ.)

#### **14.5 Kundalini (the counterfeit holy spirit)**

We have often found in beautiful children of God that they have become infested with the counterfeit holy spirit, Kundalini, and that this very powerful demon (a controller in the spirit and part of the false trinity, serving the false Jesus i.e. Lucifer) blocks all inner healing and deliverance or gives them a deceptive image of their inner healing and deliverance without any permanent break through and deliverance.

In these cases the persons concerned should first allow our Lord Jesus to teach them about the counterfeit holy spirit Kundalini and they should then repent of whatever caused Kundalini to enter their souls and bodies. In other words, deliverance of Kundalini should first take place before any other inner healing and deliverance can take place.

Unfortunately many people, when infested with Kundalini, lose their ability to discern false from truth and become extremely deceived and confused (due to the demonic influence of Kundalini and its allies in the spirit). In these cases the Holy Spirit has shown us that only prayer and fasting will be able to break this bondage off and a spiritual miracle by Jesus Himself is needed to show these people the truth of their own bondage.

This is a very serious subject in the Body of Christ and all believers in Jesus should ensure that they know the difference between the true Holy Spirit and its manifestations and the counterfeit, Kundalini, and how it operates. Kundalini infestation is in our spiritual season one of the number one strategies of the enemy to keep God's children in bondage. In this regard our DVD on "*Kundalini awareness*" is an absolute must and may be a powerful tool in the hands of our Lord Jesus Christ to free his children of Kundalini.

A sure test to see if someone is infested by Kundalini in soul and body is to start talking to them about Kundalini or to ask them to watch our DVD or other video footage about the manifestation of Kundalini in people. We have found that these people almost always become extremely aggressive towards us and launches an attack against us and our ministry. In some cases we could even see (in the spirit) how this snake-like demon raises its ugly head, ready to spit its venom in our direction, when confronted with the truth.

#### **15. DEALING WITH HIC AND HIA'S, AS PART OF THE INNER HEALING AND DELIVERANCE PROCESS**

Testing for and dealing with HIC and HIA's should form part of the complete process of assisting believers to gain inner healing from past trauma.

However, in cases where the person you are ministering to have already been healed by Jesus from past trauma but still experiences that he/she is unable to walk in complete victory, you may (and should) still test for HIC and/or HIA's that may be related to the already healed trauma.

It is very unlikely that the HIC or HIA would have found healing just because the person you are ministering to found healing. Most often the HIC and/or HIA remains broken and unhealed and should be tested for specifically and led individually to complete inner healing in Jesus.

We believe that HIC and HIA's may indeed be the spiritual key for believers in Jesus Christ where demons and DSC's still appear very strong even after Jesus has already completely healed all the past trauma and hurt of the person and they have already gone through all the other inner healing and deliverance processes.

## 16. HOW WILL I KNOW WHETHER I HAVE A HIC OR A HIA?

In our experience there are a couple of indicators that may show towards the presence of one or more HIC and/or HIA's in a person. They are the following:

- An inability of the person to “move on” past childhood or adult trauma;
- Immature emotions that often burst out or surface when the person is reminded of past trauma or when a similar situation occurs or when the person is again confronted with the perpetrator;
- Low emotional IQ meaning that the person is unable to control his/her emotions and often allows inappropriate emotions to come out towards people who do not deserve the emotional outburst;
- Certain negative emotions (especially unforgiveness, bitterness, hatred, anger etc.) and negative thoughts (based on lies from the enemy) remain, even after the person allowed Jesus to heal them of the past trauma;
- An inability to see the truth in a situation (e.g. “*I am being abused*”) due to lies of the enemy that are embedded in the HIC and/or HIA's; and
- Inability to live in the victory Jesus died for us to have irrespective of the fact that the person has been prayed for numerous times and have walked a path of obedience to God and complete sanctification.

When you are ministering to fellow believers, simply trust the Holy Spirit to “show” you the HIC and/or HIA's. Often in sessions with people we just “know” that there is a HIC or HIA. This “knowing” comes from the Holy Spirit and you should not be afraid to act on it and test for the HIC and/or HIA.

## 17. COMPARISON BETWEEN THE WAY WE TREAT HIC/HIA'S AND DSC'S

In our experience so far, the following similarities exist between the way we deal with HIC/HIA's and DSC's:

- Both is soul copy;
- Both is made by demonic forces;
- In both cases the soul copy is pasted (or put) into the person by demonic forces;
- The intention of Satan with both is to strengthen and even to increase the “bondage” or “captivity” of the person to Satan in soul and body;

- Both may not merely be cast out of the person (as one would do with a demon) since they are not demons but the soul copy of a “person” with a free will;
- Both therefore has to be “called out” and spoken to or addressed very specifically as a “person” in prayer to obtain their cooperation. Without their cooperation to the process, they usually will not go (except perhaps in cases where they are already very weak and want to go);
- Both has to be taken away by Jesus through the power of the Holy Spirit, only after they agreed to cooperate;
- Both has to accept the authority of Jesus and in the case of a HIC the child must agree to trust Jesus;
- There may, in both cases, be multiple copies of the same HIC or DSC in the person;
- In case of both there may be other DSC’s or HIC’s or demons in them that increase their power and the stronghold; and
- Both serves as an instrument in the hands of Satan and his demons in an attempt to keep people in bondage to him in soul and body.

To our best knowledge and experience so far, the way we treat HIC/HIA’S and DSC’s differ in the following ways:

- A DSC is a copy of the soul dimension of another person (not the person you are ministering to) whilst a HIC and HIA is a copy of the soul dimension of the person him-or herself that you are ministering to;
- A DSC may gain entrance to a believer’s soul and body through various rights that the enemy may have had (or still holds) e.g. blood line curses, unrepented sin, curses spoken, unforgiveness, unhealed trauma etc. A HIC and HIA, on the other hand, mainly gains entrance to a believer’s soul and body through trauma;
- It may not always be necessary to take the DSC through inner healing under the guidance of the Holy Spirit (since brokenness may not be its stronghold) whereas with a HIC and HIA it is always necessary to first take the HIC and HIA through inner healing under the guidance of the Holy Spirit;
- It is not necessary to ask the HIC and HIA to “withdraw” its functions and strongholds over the believer since the HIC and HIA seldom intentionally wants to cause anything bad in the person. The functions of the HIC and HIA will in any event automatically be withdrawn as soon as the HIC and HIA has received complete inner healing from Jesus;
- We do not ask Jesus to “rip” or “take” the HIC and HIA out of the believer (as we do in the case of DSC’s), rather we would gently ask the child or adult whether he/she wants to go with Jesus and if the answer is “yes” then we would ask Jesus to take the child or adult away with Him; and
- We, in general, work much gentler/softer with a HIC and HIA than with a DSC and usually some patience is required and a softer tone of voice so as to obtain the child or adult’s full cooperation and not to scare them.

## 18. THE POWER OF THE BLOOD OF JESUS

Inner healing of trauma (whether in general or in the case of HIC and HIA's) cannot take place without the healing power of the Blood of Jesus. This is important to remember since only Jesus' Blood acts as a disinfectant in the open wound of trauma to cleanse the person from all negative emotions and hurt.

When praying for inner healing of a HIC or HIA Jesus should therefore be asked to wash away the hurt and negative emotions with His Blood. This actually happens spiritually.

All lies of the enemy are also cancelled by the Blood of Jesus and rejected as such.

Revelation 7:14: *"And I (Johannes) said to him (one of the elders) "Sir, you know". So he said to me, "These are the ones who come out of the great tribulation, and washed their robes and made them white in the blood of the Lamb."*

Revelation 12:11: *"And they overcame him (the accuser of the brethren, Satan) by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death."*

## 19. THE TRUTH OF JESUS

Often in traumatic situations, the enemy will plant a lie with the HIC or HIA such as: *"Jesus does not love me, but rejects me"* or *"I am worthless and a no-good"* etc.

It is important for the disciple of Jesus to refrain from speaking the truth into the situation yourself (although the Holy Spirit may very well have revealed the truth to you). Rather ask Jesus (through his Holy Spirit) to show the person Himself that it is a lie and to tell him/her whether He indeed loved and accepted them.

It is always worth much more if the HIC or HIA hears from the Lord Himself and often people will start crying tears of relief and joy when they hear the truth from the Holy Spirit. This truth is then often also very dear to them and much more difficult for the enemy to try and steal again.

Remember John 8:32 in this regard: *"And you shall know the truth (i.e. God's truth), and the truth (God's truth) shall make you free."*

## 20. HOW DO WE TEST FOR AND MINISTER TO HIC?

The process that we use to test for a HIC is similar than the process we use to test for DSC's but also different in certain ways. In general, we may set out the process that we use to test for a HIC (as merely a guideline) as follows:

- If the Holy Spirit shows you that there is a HIC, ask the person you are ministering to, to sit back and relax and to close their eyes;

- Anoint the person with oil in the name of the Father, the Son (Jesus Christ) and the Holy Spirit. The anointing is a mere prophetic action by which you declare that the person is now under the anointing of the Holy Spirit (there is NO power in the oil itself);
- Call the HIC out as follows: *“If there is a hurt inner child in ..... please come out and talk to us. Do not be afraid, we will not hurt you.”*
- If you pick up (in the spirit) that there is a HIC but that the child is afraid or does not trust Jesus: *“Lord Jesus, in your name we cut the demons of fear and anxiety off of this hurt inner child and we also cancel the lie that you are not to be trusted Jesus. We declare that you came to give us life in abundance and that it is Satan who steals from us and wants to rob us from our freedom and joy in You.”*;
- Pray as the Holy Spirit leads you until the HIC has gained confidence and trust in the process and in Jesus and comes out. Then, when the HIC has come out, ask the child why he/she is unhappy/angry/sad etc. You have to be led by the Holy Spirit and when the HIC does not want to respond, you have to ask the Holy Spirit what negative emotions the HIC is battling with;
- Once the HIC has shared with you what happened that made them sad/angry/feel rejected etc. then ask Jesus to show him/her where He was when the incident happened. Usually the child will then get a revelation that Jesus was with him/her when the trauma happened and that he/she was not alone and that Jesus did not reject or abandon them;
- Ask the HIC then whether he/she will forgive his/her perpetrators for what they have done to him/her. Also say to them that Jesus knows that it is difficult but that Jesus promises to help him/her. If the answer is “yes” they will forgive, just lead the HIC in prayer to forgive the perpetrator(s) and to set him/her/them free;
- Ask the HIC what negative emotions he/she is battling with and then ask Jesus to come and wash away all the e.g. hurt, pain, shock, rejection, anger, bitterness, unforgiveness etc. with His Blood;
- Ask Jesus to heal the HIC and to give him/her His peace;
- If the HIC then says to you or indicates that he/she does not yet have complete peace in Jesus, ask the Holy Spirit whether there are not perhaps a demon or DSC that prevents the child from obtaining full and complete healing in Him. If our Lord Jesus then shows you that indeed there is a DSC or demon in the HIC, simply cast the demon out of the HIC (since its rights would have been taken away by the healing that the child obtained) and ask Jesus to take the DSC out of the child (often it would be a DSC of the perpetrator(s) and the forgiveness of the child towards the perpetrator(s) would have taken the rights of the enemy away);
- When the inner child ultimately confirms that he/she now has peace in Jesus, just make sure that there is not perhaps more than one copy of

this particular inner child in the person that you are ministering to. If so, ask the child gently to consolidate and become only one inner child;

- Finally, the last step would be to ask the child whether he/she is ready to go to Jesus. If the answer is “yes” then ask Jesus to come and take the child away with Him. Usually the child will then “see” Jesus (in the spirit) and will go with Him.

In some cases (where the Holy Spirit shows you) various HIC in the same person may perhaps be dealt with together as a group. It will often be the case where you pick up that the HIC are all ready to receive healing and are eager to cooperate and go with Jesus. In cases such as these one may perhaps call out the oldest HIC and then ask that HIC to gather around him/her all the other HIC and ask them to pray for healing together as a group. This may also work where all the HIC suffers from more or less the same trauma and/or hurt. Once all of them have received inner healing from Jesus, you may then ask the oldest one whether all the little children have received healing and are at peace. If the answer is “yes”, you may then ask all of them together to go with Jesus and Jesus will take all of them with Him as a group. However, if the HIC all suffer from extreme trauma and the type of trauma and hurt differs from child to child, it is in our opinion unlikely that such an approach will work. Follow the leading of your Councillor, the Holy Spirit!

(NB – This proposed process may be adapted slightly under the guidance of the Holy Spirit in order to also use it in the context of a HIA.)

## **21. HOW DO PEOPLE EXPERIENCE IT WHEN A HIC OR HIA COMES OUT (OR MANIFEST)?**

People often hear every word that the HIC or HIA says but experience that it was not them talking.

In other cases the manifestation may be much more subtle and in those cases people may find it difficult to distinguish whether it was the HIC (or HIA) or themselves talking. Remember that the HIC and HIA is actually a (demonic) part of yourself so that may explain why it may often feel like merely a part of yourself that spoke....

In some cases the manifestation may be so strong and prominent that the person afterwards is unable to recall anything and may have experienced that he/she was not “all there”.

## **22. HOW DO PEOPLE EXPERIENCE IT WHEN JESUS TAKES THE HIC OR HIA AWAY?**

Most people say to us, after Jesus has taken away a HIC or a HIA, that it felt as if “a part of themselves” went out. The manifestation when the HIC/HIA goes out (with Jesus) is usually much more subtle and gentle than with DSC’s.



People say that with a DSC they can clearly feel that something or someone (other than themselves) was removed and the manifestation is usually a bit more prominent (than with a HIC/HIA).

In some cases the person whom you are praying for will just experience a peace and a release in the spirit when Jesus takes the HIC/HIA away.

### 23. **MAY I PRAY FOR HEALING OF MY OWN HIC AND HIA - IF THE ANSWER IS "YES", THEN HOW?**

The answer is a definite "yes". Praying for your own HIC and HIA's is part of taking up your authority in Jesus and exercising this authority against the strongholds of the enemy. All we need is:

- Knowledge about the phenomenon and existence of HIC and HIA (since Jesus said in Hosea 4:6 that His people are perishing due to a lack of knowledge);
- Knowing who you are in Christ and rising up in your own authority in Jesus; and
- Accepting the guidance of the Holy Spirit who is our Councillor and who will lead us into wholeness.

However, to make it easier for people, we have also drafted the prayer below which may help you to address the HIC (or HIA) in you and to guide and lead them into complete inner healing by Jesus.

### 24. **PRAYER FOR HEALING OF A HIC**

This prayer is merely a guideline to follow. We advise all believers in Jesus Christ to follow the leading of the Holy Spirit when praying for healing of their own HIC (or HIA's), since your situation and your HIC/HIA may be unique.

*"Jesus, I ask that you will show me, by the power of your Holy Spirit, whether there are any hurt inner children in my soul dimension....."*

*Thank you Jesus for showing me the HIC of ..... years old that is/are in me.....*

*Jesus, I now ask that you will show me how this little child got hurt and who it was that hurt him/her .....*

*Thank you Jesus for showing me what happened and why this HIC is so hurt.*

*I now, by the power of the Holy Spirit in me and in the name of Jesus my Saviour call this HIC in me to the front and ask him/her to communicate with me and to show me his/her true feelings about the incident or trauma that happened.....*

If the Holy Spirit shows you that the HIC does not trust Jesus, ask the HIC why he/she does not trust Jesus. The answer you will usually get is: *"Jesus does not care since He did not prevent the trauma from happening to me."* You now have to talk to the HIC and you have to cancel this lie by telling the HIC that it

is a lie from the enemy and that Jesus did not want that particular bad thing to happen to him/her.....

*Little child, I am going to ask Jesus to show you where He was when the incident happened to you. Jesus, please show my HIC of ..... years where you were when this incident happened.....* Usually the HIC will then get an awareness of the fact that Jesus was with him/her when the incident happened or even that Jesus cried when it happened to them. Usually this will comfort the child and he/she will realise that Jesus loved them and did care and never rejected them.

*Little child, Jesus wants to help you to forgive the people who have hurt you. Will you allow Jesus to do that? If the answer is "yes": Lord Jesus, please help my HIC of..... years to forgive ..... and to set them completely free.*

*Jesus, please wash this inner child now with your Blood and wash away all the hurt, anger, rejection, sadness, brokenness, shame etc. of the inner child with your Blood. Lord Jesus please heal all the emotions of this little child and also cancel all the lies of the enemy that may still hold this child captive with your Blood.*

If the Holy Spirit then shows you particular lies that the HIC believes such as: *"I am not good enough and deserved the bad treatment"* or *"it was all my fault that I was abused and my perpetrator did nothing wrong (denial of the abuse)"* then ask Jesus to show the child His truth about the situation and, when the child hears the truth of Jesus, then cancel the lies with Jesus' blood.

If the HIC suffered from infirmities, you may pray as follows: *Lord Jesus, in your name I cast out the spirit of infirmity and all the other demons and or demonic soul copies that may keep this child suffering from various infirmities. I also ask Lord that you will now heal this little inner child of all the ailments and infirmities e.g. asthma, sinus, pneumonia, allergies, epilepsy etc..... I plead the blood of Jesus over this little inner child and declare that he/she be healed in Jesus' name.*

*Lord Jesus, please show me whether there are more than one of this particular inner children in me and whether they need to consolidate. If so: In the name of Jesus I now ask the HIC to consolidate to only one child.*

*Lord Jesus, if this HIC is still being held captive by a demon or a demonic soul copy, I ask that you will also reveal that to me. If so: Lord Jesus, in your name, I now command the demons (call them by name if you know who they are e.g. "rejection" or "anger" or "infirmity") to leave this inner child and I also ask you Jesus to rip all demonic soul copies out of this child.*

*Little inner child of mine, do you now have peace? If the answer is "yes": May I ask Jesus to come and take you with Him? If the answer is "yes": Jesus, please take this little inner child of myself away with you Lord and give him/her peace.*

AMEN”

Remember: There may be more than one HIC (and often there are several), so be prepared to take this process layer upon layer (just as one would peel an onion) until all the HIC has been dealt with.

(The above prayer may also be adopted (changed to a certain extent) in order to be used in respect of one’s own HIA’s. Ask for guidance of the Holy Spirit and be brave!)

**25. WHAT IF I HAVE PRAYED THE ABOVE PRAYER, BUT DO NOT EXPERIENCE THAT THE HIC AND/OR HIA RECEIVED HEALING AND WAS TAKEN AWAY BY JESUS?**

If you have really trusted the Holy Spirit and prayed the above prayer to try and address (by the power of the Holy Spirit in you) the HIC and/or HIA in you and you still do not experience any break-through or inner healing, we would recommend you to get in contact with disciples of Jesus Christ who would pray with you and who are sufficiently equipped with knowledge and experience to help you gain your freedom in Christ.

**26. WHAT HAPPENS TO THE HIC/HIA AFTER JESUS HAS TAKEN THEM AWAY?**

In our experience and according to what the Holy Spirit has taught us so far, the HIC or HIA simply disappears because remember that it is only a demonic copy. It is not a true or genuine soul dimension but a spiritual thing that the enemy used to keep you in bondage. Our original soul dimension (together with our spirits) will only be with Jesus in Heaven after we have died.

**27. WHY DOES GOD “ALLOW” THIS (HIC AND HIA’s) TO HAPPEN TO HIS CHILDREN?**

In order to be able to answer this question we have to go back to the Garden of Eden and Adam and Eve’s choice to sin. When sin came into the world, it brought curse and our loving Father said to the Israelites that if they obey His commandments they will be blessed but if they choose to not obey Him it will bring curse. Our God also warned that these curses (if not confessed and repented for) will become blood line curses on the children and the children’s children.<sup>10</sup>

It is because of various blood line curses in children of God that their spiritual DNA has become defiled by the enemy. These blood line curses are like spiritual “open doors” and explain why some people are just much more in bondage to Satan in their souls and bodies, even whilst they themselves may not have any unrepented sin in their lives.

---

<sup>10</sup> See our other teachings and specifically “*How is it possible for Christians to have demons and bloodline curses?*” on our webpage for a more detailed explanation.

We have also found that certain blood line curses such as the curse of Witchcraft, Freemasonry, Murder and Bloodshed and especially the curse of the Nephilim have opened huge doors in the spirit that legally allows Satan to attack God's children in soul and body.

This also explains to us why some people seem to have numerous HIC and HIA whilst another person (that went through similar childhood and adult trauma) does not have even one HIC and/or HIA. It appears to us (according to the knowledge that we now have) that the first mentioned person had much more open doors in the spirit due to unbroken blood line curses than the last mentioned person.

Just another reason why we should no longer delay to have our blood lines (our spiritual DNA) washed in the blood of Jesus! This is the most important spiritual inheritance that you will ever be able to give your children and grandchildren!!<sup>11</sup>

## 28. CLOSING

We trust that this teaching about HIC and HIA's has blessed you with knowledge about this spiritual concept and that you will now be better equipped to pray towards inner healing for yourself and others. May our Lord Jesus Christ, through His Holy Spirit, empower you and may His Blood be appropriated towards your own inner healing and that of others.

May our Lord Jesus bless you in this journey of seeking inner healing and may He bless you with all the spiritual blessings that belong to you as a child of God and a co-heir of Jesus!

Remember, the Blood of Jesus paid for your complete healing: *"Go and claim it and appropriate that which already belongs to you, to your life!"*

Thank you Lord Jesus for loving us and giving us healing in spirit, soul and body!

**MAY OUR LORD JESUS CHRIST BLESS YOU AND BE WITH YOU AS YOU TAKE  
AUTHORITY OVER THE FORCES OF DARKNESS IN HIS NAME!!**

*(Most quotations from the Word are from the New King James Version of the Bible.)*

**THERE IS COPYRIGHT ON THIS DOCUMENT – HOWEVER, WE  
ACKNOWLEDGE THAT THE CONTENT OF ALL OUR TEACHINGS  
BELONGS SOLELY TO JESUS CHRIST AND THEREFORE WE DO NOT  
HAVE ANY OBJECTION AGAINST THE COPYING AND DISTRIBUTION OF  
THIS DOCUMENT, PROVIDED:**

---

<sup>11</sup> See our teaching *Enemy Within – Blood line curses* on our webpage and you may also order our DVD that contains a renunciation prayer to break and cancel blood line curses.

- (1) IT IS NOT USED FOR ANY PERSONAL OR INSTITUTIONAL FINANCIAL GAIN WHATSOEVER; AND  
(2) IGNITED IN CHRIST IS ACKNOWLEDGED AS THE AUTHOR OF THIS DOCUMENT.

Jesus said in Mathew 10: 8: ***“Freely you have received, freely give”***. We therefore do not charge any fees for our teachings or services. Our ministry is mainly dependent upon donations for its continuous existence. Therefore, if this teaching has blessed you, please consider to register as a “friend” of our ministry on our webpage ([www.ignitedinchrist.org](http://www.ignitedinchrist.org)) and to make us a donation (continuously or once-off), as the Holy Spirit leads.

**Our banking details: Ignited in Christ NPC, First National Bank Ltd, Hatfield branch, account number: 62457984401, branch code: 252145.**

Our warmest appreciation – *Ignited in Christ* team!